

COMMUNITY MEDICINE

Instructions:

- I. (a) Physician's function is not limited merely prescribing homoeopathic medicines for curative purpose, but he has wider role to play in the community;
 - (b) He has to be well conversant with the national health problems of rural as well as urban areas, so that he can be assigned responsibilities to play an effective role not only in the field of curative but also preventive and social medicine including family planning.
- II. This subject is of utmost importance and throughout the period of study attention of the student should be directed towards the importance of preventive medicine and the measures for the promotion of positive health.
- III. (a) During teaching, focus should be laid on community medicine concept, man and society, aim and scope of preventive and social medicine, social causes of disease and social problems of the sick, relation of economic factors and environment in health and disease;
- (b) Instructions in this course shall be given by lectures, practicals, seminars, group discussions, demonstration and field studies.

Third B.H.M.S

A. Theory:

1. Man and Medicine
2. Concept of health and disease in conventional medicine and homoeopathy
3. Nutrition and health
 - (a) Food and nutrition
 - (b) Food in relation to health and disease
 - (c) Balanced diet
 - (d) Nutritional deficiencies, and Nutritional survey
 - (e) Food Processing
 - (f) Pasteurisation of milk
 - (g) Adulteration of food
 - (h) Food Poisoning
4. Environment and health
 - (a) air, light and sunshine, radiation.

- (b) effect of climate
- (c) comfort zone
- (d) personal hygiene
- (e) physical exercise
- (f) sanitation of fair and festivals
- (g) disinfection and sterilisation
- (h) atmospheric pollution and purification of air
- (i) air borne diseases

5. Water

- (a) distribution of water; uses; impurities and purification
- (b) standards of drinking water
- (c) water borne diseases
- (d) excreta disposal
- (e) disposal of deceased.
- (f) disposal of refuse.
- (g) medical entomology- insecticides, disinfection, Insects in relation to disease, Insect control.

6. Occupational health

7. Preventive medicine in pediatrics and geriatrics