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A Publication of C. N. Kothari Homoeopathic Medical College, Vyara

WORLD HOMOEOPATHY DAY



Obesity- A Public Health Problem

Obesity is a common and current public health problem. Obesity is a pandemic effect. Obesity and weight gain are the major condition now days. Obesity occurs worldwide. It is a result of various factor such as the environment, culture, physiology, metabolism and genetic. Losing the weight is not an easy task Diet and exercise are IST step in weight loss. There are several method for the treatment of obesity but the homoeopathy is gentle effective method for treating the obesity and weight gain with proper nutrition and exercise. Homoeopathy hastens the process of weight loss safely and efficiently.



Dr. Meena P. Kalra Professor, Dept of Pathology & Microbiology

The fundamental cause of obesity is an imbalance between energy intake and caloric expenditure. Obesity leads to serious health consequences like cardiovascular disease mainly heart disease and stroke diabetes which is global epidemic. Many people tend to gain weight quickly. Obesity and being overweight are leading issues among all age groups

The common factors for obesity:

1) Diet and Lack of physical activity:

Regular intake of fatty unhealthy food and insufficient physical activity are the primary cause for obesity in all the age group of people. Other with this is the overeating, consumption of junk food with sedentary life style. Many people consume very less amount of fresh food, vegetables, fruits and other nutritious food so all this has to lead to obesity and weight gain.

2) Genetics:

Play important role. If one or both the parents are obese then it highly likely that person will suffer from obesity.

3) Psychological factor:

Excessive stress, anger, sadness, loneliness and other strong emotion force the people to eat junk and fatty food.

4) Hormonal imbalance:

Hormones play important role in obesity. Female tend to gain the weight during the pregnancy and menopause due to hormones.

5) Disease and Medication:

Medications like oral contraceptive are one of the most triggering factors for weight gain.

Some important Homoeopathic medicine for weight reduction:

Homoeopathy alone is not the answer for treating the obesity. But with the Homoeopathy, Nutrition, Diet and exercise gives the best result. People choose the homoeopathy because it is safe and without any side effect.

1) Calcarea Carbonica:

- ✤ This remedy is indicated for the people with slow metabolism
- Excess fat on abdomen area, look chubby.
- Suffer from constipation due to sluggish metabolic activity.
- ✤ Profuse sweating especially over the head area.
- Sensitive to cold weather.
- Weight gain due to thyroid disease and pregnancy

2) Natrum Muriaticum:

- ✤ Indicated in people who have tendency to gain the weight
- ♦ Accumulation of fat in the lower body parts like thigh & buttocks.
- ✤ Having ravenous hunger.
- ✤ Tendency towards headache and migraines.
- ✤ Gain weight during the phase of depression and after heart break.

3) Lycopodium Clavatum:

- ✤ Best medicine for reducing the weight.
- Indicated in the people having the tendency to gain weight on lower body parts like thigh and buttocks.
- ♦ Having gastric troubles like flatulence bloating in the abdomen with constipation.
- Excessive hunger so eat behind the capacity.
- Emotionally they are very irritable.
- ✤ Tendency to get anger over small issues.

4) Natrum Phosphoricum:

- ◆ Act on people suffering from excess acidity with sour eructation (Belching).
- Medicine for the PH balance in the body and act as natural antacid.
- Nat. phos before meal help in not only reducing the weight but also indigestion & burning sensation in stomach.

5) Phytolacca Decandra:

- ✤ Mostly act by regulating the hunger pattern and cause the proper digestion of food.
- ✤ Balance the hormones and metabolic process of the body.

6) Fucus Vesiculosus:

- Excellent remedy for weight loss.
- Mainly when obesity is due to thyroid disease.
- Help in weight loss by controlling the thyroid hormones.
- Help in maintain the digestion.

There are many more other homoeopathic medicines for weight loss or obesity but all homoeopathic medicines are prescribed on the basis of individual state of disposition and temperament. With this one can take care of nutrition.

So to achieve the energy balance and healthy weight gain

- 1) Reduce the intake of calories from fat and shift fat consumption away from saturated fat to unsaturated fat.
- 2) Increase the consumption of fruits, vegetables, legumes, whole grain and dried fruits.
- 3) Increase the physical activity at least for 30 minutes.
- 4) Reduce the intake of sugar.
- 5) Reduce the intake of junk food So with the proper nutrition, physical activity accompanied by homoeopathic treatment one can get the best result in obesity.

HOMOEOPATHIC CASE

A case of 48 year old man, Mr. XYZ who is reciding at KAPS. Working in L & T Com. from last 2 years. He comes with complaints of over growth surround neck from last 3-4 years. Some time bleeding accour from it. No itching. Total 8-9 erupted, bumpy growth are there. He tied horse hair arround one bumpy overgrowth. After tidying the hair size of overgrowth increased and skin becomes too much transparent and collection of blood started. Tiny growths now become a size of pea. Which is very sensitive by touch of clothes or even hands. Slight rub causes severe bleeding from it and pain. No specific past history. His father having also same complaint. Mother died (in accident) when he was 5 years old.



Dr. Tanvi A. Shah M.D. (Hom), Associate Professor, Dept of Hom. Materia Medica

He is having proper appetite and drinks 8-10 glasses/day. Bowel and urination- Regular (No complaints) He likes fried+++ and spicy food +++ Perspiration - Not much Thermal - Towards Chilly Diagnosis - Bleeding Wart On Key Note as follows **Bleeding Wart** Pain+++ Sensitive to touch Chilly Prescription 14/2/22 Rx Nit. Acid. 200 1 dose/ Stat SL 4 Pills /TDS For 1 Week Follow Up 15/3/22 Patient did not come after 1 Week. After Holi he comes. In 2 days of 1st prescription, collection of blood oozes out.

No pain. No sensitivity to touch now. Size reduced to 1-2 mm only. Now patient wants treatment for all other warts surround his neck. Rx Nit. Acid 200 1 dose / Stat SL 4 Pills/ TDS For 15 days



Jai Hahnemann!!! Jai Homoeopathy!!

"THE IMPACT OF COVID-19 ON EDUCATION WORLD"

The world pandemic COVID-19 is the first and foremost a global health crisis. A pandemic is not just a medical phenomenon it affects individuals and society and causes disruption, anxiety, stigma and stress. To breakdown the chain of transmission of SARS-COV-2 resulted in the enforcement of regional lockdowns. Hence isolation, social distancing, and closure of educational institutes (schools, tuitions, and colleges,) work places and entertainment venues consigned people to stay in their home to become helpful to overcome the situation.



Maurya Anjali B. 4th BHMS

The global lockdown of educational institution is going to cause major interruption in students learning; disruption in internal assessments; and the cancellation of public assessments for qualifications or their replacement by an inferior alternative. The short-term disruption is felt by many families around the world; home schooling is not only a massive shock to parent's productivity, but also to children's social life and learning.

Teaching is moving online, on an untested and unprecedented scale. Student's assessments are also moving online, with a lot of trial and error and uncertainty for everyone. Many assessments have simply been cancelled importantly, these interruptions will not just be a short term consequences for the affected cohorts and are likely to increase inequality.

IMPACT ON EDUCATION: - SCHOOLS & COLLEGES

Going to school is the best public policy tool available to raise skills. While school time can be fun and can raises social skills and social awareness, from an economic point of view the primary point of being in school is that it increases a child's ability. Even in relatively short time intervals, schools do this. Even a relatively short period of missed school will have consequences for skill growth. But can we estimate how much the COVID-19 interruption will affect learning? Not very precisely, as we are in new world; but we can use others studies to get an order of magnitude. On a study found that, the loss of perhaps 3-4 hours per week teaching in a memorizing subject for 12 weeks may be similar in magnitude to the loss of an hour per week for 30 weeks.

In higher education many universities and colleges are replacing traditional exams with online assessment tools. This is a new area for both teachers and students and assessments will likely have larger measurement errors than usual. The careers of this year's university graduates may be severely affected by the COVID-19 pandemic. They have experienced major teaching interruptions in the final parts of their studies, they are experiencing major interruptions in their assessments, and finally they are likely to graduate at the beginning of a major global down turn.

Evidence suggests that poor market conditions at labour market entry cause workers to accept lower paid jobs easily, and it has permanent effects for the carrier of some.

IMPACT ON EDUCATION: FAMILIES

Families are central to education and are widely agreed to provide major inputs into a child's learning. The global home schooling might at first thought to be seen quite positively, as likely to be effective but typically this role is seen as a complement to the inputs from school.

Parent supplements a child's learning by practicing counting or highlighting simple math, science problems in everyday life, or they try to teach history lessons with trips to important monuments or museums. Being the prime driver of learning, even in conjunction with online materials, is a different question and while many parents around the world do successfully school unlikely to generalize over the whole population.

So, while global online learning will surely produce some inspirational moments, some angry moments, some fun moments and some frustrated moments, it seems very unlikely that it will on average replace the learning lost from schools and colleges.

Exams:

The closure of schools, colleges, tuitions, institutes and universities not only interrupts the teaching for students around the world; the teachers, professors also coincide with a key examination period and many exams have been postponed or cancelled and many had done online. New technique of teaching and taking exams online is not at all was easy task for our teachers & professors.

Internal assessments are perhaps thought to be less important and many have been simply cancelled. But their point is to give information about child's progress and performances for families and teachers.

The loss of their information delays the recognition of both high potential (topper/ranker) and learning difficulties and many have harm -full long term consequences for the child. These effects are a big disadvantage for future of a student.

For example, if girls usually perform better in a subject, but a mass promotion of boy's performance is likely to be downward biased. And because such examinations are used as a key qualification to enter higher education, the move to un- blind subjective assessments can have potential long term consequences for the equality of opportunity.

SOLUTIONS??

The global lock down of education institution is going to cause major interruption in students learning, disruptions in internal assessments, and the cancellation of final examinations or public assessments for qualifications or their replacements by an inferior alternative. (i.e.:- MCQ pattern exams in places of theory exams.)

What can be done to reduce these negative impacts? Colleges and schools need resources to rebuild the loss in learning, once they open again how these resources are used, and hoe to target the student who were especially hard hit, is an open question!!

For new graduates, policies should support their entry to the labored market to avoid longer unemployment periods.

REFERENCE:

1) Google website

2) News paper

3) Self information

QUANTUM MEDICINE:

One of the most captivating researches done in medical science in past years is"Quantum Medicine". Which can be defined as a new medical direction based on recent studies in Quantum Physics & The latest data on the deep nature of living, with the information energy reality of living substances.

Quantum medicine is based on the use of energy "Quanta", which is small doses of electromagnetic radiation in the case of electromagnetic radiation use for treatment of many diseases & easier recovery of human health.



Parmar Mahekkumar D. 3rd BHMS

Here are some methods of quantum medicine would be used to cure disease:

- (1) Radiative Quantum Wave Method.
- (2) Nano-quantum Partical Coated with Antigen.
- (3) Quantum Dots Treatment.

All above methods are based on Quantum Radiation & Vibration; these characteristics are used to cure some specific types of Cancer as well as Micro-vascular blockage.

We can summaries the connection between Homoeopathic medicine & Quantum medicine: Homoeopathic medicine & Quantum medicine both are treat the patient by the uses of Dynamic medicines, which are also known as Energy medicines because all living beings need potential energy to live in healthy form.

• Homoeopathic Principle of Health & Life:

"Health is the Normal Condition of life Characterized by a Sensation of Ease & Comfort due to the Harmonious Playing of the Vital force."

• Quantum medicine Principle of Health & Life:

"Energy supply is Necessary condition for Life & Any disturbance in Energy Metabolism may Increase the Likelihood of Pathological Outcomes."

Above both systems pointed towards of Energy law of Living beings.

In Homoeopathy, there are some medicines like Luna medicine & Other medicines are prepared with the help of Light & Radiation(wave), Radioactive medicine consist of radioactive elements like Uranium, Plutonium and Cobalt-60 which emit Radiation ($\alpha\beta\gamma$).Sometimes remedy prepared by some specific sound waves which are also type of energy & vibrations. Some law applies in quantum medicine. Here, quantum medicines prepared by radiation & micro-vibration produce by Quantum particles.

Quantum medicine can enhance the curing process of homoeopathic medicines, having zero side effect of quantum medicine is also beneficent to include this medicine into Homoeopathy.

SO, it can be easily said that quantum medicine is update version of Radioactive Homoeopathic medicine to cure many Uncurable disease.

REFERENCES:

- 1) International journal of high Dilution of Hom. Remedy.
- 2) Healing with Homoeopathy
- 3) Energy medicines.
- 4) CERN research of Quantum and Anti-matter medical treatment.

WEBINAR: 01

C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized Webinar series on Sundays 12pm onwards from 16th Jan 2022 on different clinical topics of homoeopathy & research by speakers of academic and clinical field on Google meet. Webinar#01 conducted successfully by Dr. M. B. Ghiya today. Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized a Webinar on Sunday, 30th Jan 2022, 12pm on "**Efficacy of Cinchona officinal is 200 in management of Acid Peptic Disorders''** by Dr. Bhavin Modi on Google meet. Webinar began by giving tribute to Mahatma Gandhiji on his 74th death anniversary. College faculty, HMAI Vyara Unit members and students attended the webinar. Dr. Pankaj Lathiya organized the webinar under guidance of Principal Dr. Jyoti Rao.



WEBINAR: 03

C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized a Webinar on Sunday, 13th Feb 2022, 12pm on "**Scientific understanding of Apis mellifica through cases**" by Dr. Tanvi Shah on Google meet. College faculty, HMAI Vyara Unit members and students attended the webinar. Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit Organized a Webinar on Sunday, 20th Feb 2022, 12pm on **"Evidence based homoeopathy in acute illnesses"** by Dr. Pankaj Lathiya on Google meet. College faculty, HMAI Vyara Unit members, interns and students attended the webinar. The webinar was quite interesting and inspiring. Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



WEBINAR: 05

C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized a Webinar on Sunday, 27th Feb 2022, 10am on "**Differential diagnosis of Acute Abdomen**" by Dr. Swapnil Khengar on Google meet. College faculty, HMAI Vyara Unit members, interns and students attended the webinar. The webinar was quite interesting and inspiring. Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit Organized a Webinar on Sunday, 6th March 2022, 1pm on "Calcium Deficiency Syndrome & Homoeopathy" by Dr. J. J. Jain on Google meet. College faculty, HMAI Vyara Unit members, interns and students attended the webinar. The webinar was quite interesting and inspiring. Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



WEBINAR: 07

C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized a Webinar on Sunday, 13th March 2022, 10am on **''Ideal potency for gentle cure''** by Dr. Bhavna Patel on Google meet. College faculty, HMAI Vyara Unit members, interns and students attended the webinar. The webinar was quite interesting and inspiring. Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



C.N. Kothri Homeopathic Medical College & Research Center, Vyara & HMAI, Vyara Unit organized a Webinar on Sunday, 03rd April 2022, 10am on "Introduction to German New Medicine & it's application in homoeopathic practice" by Dr. Lata Ningoo on google meet. College faculty, HMAI Vyara Unit members, interns and students attended the webinar. The webinar was quite interesting and inspiring.Dr. Pankaj Lathiya & Dr. Bhavin Modi organized the webinar under guidance of Principal Dr. Jyoti Rao.



Surya Namaskar Programme

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, Gujarat participated in the Government of India's large scale virtual Surya Namaskar programme "Surya Namaskar for vitality" organized to mark the holy occasion of Makar Sankranti on 14/01/2022 under Azadi Ka Amrit Mahotsav celebrations as per direction of AYUSH Department of India in which staff members & students participated for making event successful.



Republic Day Celebrations

C. N. Kothari Homoeopathic Medical College and Research Center, Vyara enthusiastically celebrated 73rd Republic Day. The flag was hoisted by Hon'ble Dahyabhai Patel, Trustee of the Institute. After giving a speech by Hon'ble Nikhilbhai Shah, Minister of the Institute, the Principal of the College, Dr. (Smt.) Jyoti Rao addressed the doctors and students to make more and more progress for the betterment of the country and the name of the institution.

This program was done by the activity committee under the guidance of Principal of institute Dr. (Mrs.) Jyoti Rao.



College celebrated Foundation Day & Vasant Panchami

College celebrated Foundation Day & Vasant Panchami together by organising an event on 5th February 2022. Dr. Bhavin Modi delivered welcome speech. College Staff and Students Worshipped Ma Saraswatiji by flowers.Girls students of 3rd BHMS presented prayer & performed dance on the special occasion. Dr. Dhruni Gavli with girls students practiced Suryanamaskar on the stage. Staff working since inception of College have cut the Cake and they were Honoured with Flowers. Dr. Mahavir Ghiya and Mrs. Savitriben Rana delivered speech on Foundation Day of College. Dr. Jayantilal Jain offered vote of thanks. All staff & students dispersed with sweets and cake.

The entire program was co-ordinated by Dr. Anjali Sindhi under guidance of Principal Dr. (Mrs.) Jyoti Rao.



International Women's Day

C. N. Kothari Homeopathic Medical College & Research Centre, Vyara celebrated International Women's Day by organizing a free homoeopathic Gynecological camp with various investigations like TSH, Blood Sugar, Hb for female where a large number of females took benefit.

Camp was followed by Surprise celebration for female employees by male staff, who organized Quiz Competition and honored all female employees with flowers, gift & Sweet.

This was followed by celebration by female staff which included Antakshari, Passing the parcel, Secret Santa etc. College student Miss. Priyanka Upadhyay from 4th BHMS was felicitated for achieving 1st rank in classical Vocal Music & 2nd rank in sugam in Yuva Mahotsav at Veer Narmad South Gujarat University, Surat.

The event was concluded by gift to all.

The entire programme was coordinated by Activity Committee head Dr.Dhruni Gavli & her team under the Guidance of Principal Dr. Jyoti Rao.



Holi Celebration

On March 17th, C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara allowed the students to celebrate Holi. There were few rules followed to avoid inconveniences to others.

The colors used in during the celebrations were free of pollutant compounds.

This celebration is mainly to bring out the Indian culture and unite all the students despite of their variations.

All the faculty members also celebrated the Holi festival. The celebrations begin with the saraswati Pooja and ended with small refreshment arranged by Institute, for all the faculty members.

Whole programme was arranged by Activity Committee under the guidance of Principal Dr. Jyoti Rao.



Swaminayan Programme

On 5th April 2022, as part of the centenary celebrations of Shri Pramukh Swami Maharaj, the college organized a spiritual programme by Shri Adarsh Seva Swamiji and Shri Pavitra Muni Swamiji with the motto "My Life Happy Life, My Family Happy Family" on the theme of De-addiction and Family Peace. The occasion was very encouraging and inspiring for all the students and staff of the college. The members of the activity committee successfully organized the programme under the guidance of Principal Madam Dr. Jyoti Rao.



World Health Day

College celebrated "World Health Day 2022" organized by Community Medicine Depepartment Dr. Dhiral Vyas, Faculty of Community medicine department. Delivered speech on importance of health. Students of 4th & 3rd BHMS performed dramas on the theme of 'Shark tank', 'Dhuan dhuan' & 'De-addiction'. Niyati Shah & Hiteshi Patel delivered speech on health and deaddiction. Chitrangi Patel demonstrated Taekwondo self defence techniques for females. There was a great learning from the entire event and it was fully entertaining event. College rewarded all participants with certificates and gift of ballpens. Dr. Tushar Dhimmer offered vote of thanks. The entire event arranged by Activity committee under the guidance of Principal Dr. Jyoti Rao.



World Homoeopathy Day

On 09/04/2022 C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara celebrated "World Homoeopathy Day" by arranging Free Homoeopathic Camp for "Post Covid Complaints" at Kalidas Hospital & College awarded with Certificates, Trophy and Medals to those students who have achieved in various field throughout the year then college has arranged a Quiz Competition in which 2nd BHMS, 3rd BHMS & 4th BHMS students took part. There were total 12 Teams among them top 5 teams were awarded with Certificate and Prize Money. Other Teams were honoured with Certificate of Participation.

1st Prize - Rs. 2001/- Calcarea Fluor Group Sorathiya Ekta Rameshbhai - 4th Yr. BHMS Shiroya Abhishek Balubhai - 4th Yr. BHMS Pankhaniya Sandip Anilbhai - 3rd Yr. BHMS Ahir Jinal Rajeshbhai - 2nd Yr. BHMS

2nd Prize - Rs. 1601/- Natrum Sulph Group Panchal Rajkumar Harshadkumar- 4th Yr. BHMS Chauhan Mansi Kamleshkumar - 4th Yr. BHMS Kapdi Vinit Nitinkumar - 3rd Yr. BHMS Nasit Harshilbhai Sanjaybhai - 2nd Yr. BHMS

3rd Prize - Rs. 1201/- Kali Sulph Group Patel Hetvi Umeshbhai - 4th Yr. BHMS Nakrani Ishakumari Jayeshbhai - 4th Yr. BHMS Patel Saloni Manojbhai - 3rd Yr. BHMS Kanpariya Mansi Rasikbhai - 2nd Yr. BHMS

 4th Prize - Rs. 901/-Calcarea Sulph Group Parmar Rahul Juvansing - 4th Yr. BHMS Dayma Vijaykumar Santoshkumar - 4th Yr. BHMS Solanki Dhruti Rajnikant - 3rd Yr. BHMS Nabde Nikhilesh Ramesh - 2nd Yr. BHMS

 5th Prize - Rs. 701/-Kali Phos Group Patel Nidhi Shaileshkumar - 4th Yr. BHMS Parmar Harshad Ranjitbhai - 4th Yr. BHMS Morya Akashkumar Ramubhai - 3rd Yr. BHMS Bhaliya Vibhuti Gunvantbhai - 2nd Yr. BHMS

Whole programme was conducted by Staff of College under the guidance of Principal Dr. (Mrs.) Jyoti Rao.



Homoeopathic Camp (Rampura Village)

Kalidas Hospital attached with C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara Tapi district organized free Homoeopathic Camp at Rampura Village, Vyara On 6th January 2022 as per direction of Ministry of AYUSH (Government of India) and National Commission for Homoeopathy, New Delhi to celebrate AZADI KA AMRIT MAHOTSAV.

The camp was headed by Dr. Vaishali Chaudhari and team under guidance of Principal of College Dr. Jyoti Rao. Where many patient got benefited.



Homoeopathic Camp (Vyara nagarpalika)

On Birth Anniversary of Late Shree Jagdishchandra Chandulal Shah (Kachwala)

Kalidas Hospital attached with C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara Tapi District organized free Homoeopathic Camp at Community Hall Nagarpalika, Vyara on 09/01/2022 as per directions of Ministry of Ayush (Government of India) and National Commission for Homoeopathy (New Delhi) to celebrate AZADI KA AMRIT MAHOTSAV.

The camp was headed by Dr. Vaishali Chaudhari and team under guidance of Principal of College Dr. Jyoti Rao. Where many patient got benefited.





Homoeopathic Camp (Kalidas hospital) On Occasion of International Women's day

On Occasion of International Women's day Kalidas Hospital run by C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara Tapi district organized free Gynaec Homoeopathic Camp at Kalidas Hospital, Vyara on 08/03/2022 under guidance of Ministry of AYUSH (Government of India) and NCH, New Delhi to celebrate AZADI KA AMRIT MAHOTSAV.

The camp was headed by Dr. Vaishali Chaudhari and team under the guidance of Principal of College Dr. Jyoti Rao. Where many patient were Benefited



Free Surgical Camp

15th Free Surgical Camp Was Organized on 07-09-2021 to Dec 2021, Jan 2022 to 03-03-2022 & 04-03-2022 to 13-03-2022 at Kalidas Hospital, Vyara. In this Camp Hysterectomy, Appendicitis, Hernia, Hydrocele, Lipoma etc cases were planned or operations. Total 184 Surgeries were performed.



Achievement

Priyanka Upadhyay got 3rd rank in Youth Festival 2021

Priyanka Upadhyay from 4th BHMS got 1st rank ni classical vocal music & 2nd rank in sugam As she participated in "*Yuva Mohotshav*" at VNSGU, Surat.



College student Miss Sheily Shah of 2^{nd} BHMS represented college at "*Khel Mahakumbh* 2022'' in Swimming Competition of Tapi district on 23/03/2022. She secured first position in all three events of swimming (100m free style, 100m back stroke & 100m breast stroke).

Hearty Congratulations!!!



Miss Hiteshi Patel student of 3rd BHMS represented college at "*Inter College Elocution Competition* 2021-22" organized by Sir P. T. Sarvajanik College of Science, Surat on 19th Feb 2022. She spoke on "*Laughter- The Best Medicine*" and make college feels proud.



College student Miss Chitrangi Patel of 3rd BHMS represented college at *"Khel Mahakumbh 2022"* in Taekwondo Tournament of Tapi district on 23/03/2022. She secured first position in open age Taekwondo tournament. She is selected for the State level Taekwondo tournament.

Hearty Congratulations!!!



CONGRATULATIONS! COLLEGE TOPPERS IN UNIVERSITY EXAM (BATCH 2021-22)



Bhaliya Vibhuti First BHMS 1st Rank



Chauhan Mansi Third BHMS 1st Rank



Ahire Jignyasa Frist BHMS 2nd Rank



Rathod payalben Third BHMS 2nd Rank



Vaghasiya Drashti First BHMS 3rd Rank



Prajapati Nidhikumari Third BHMS 3rd Rank

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