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Quarterly Medical Bulletin

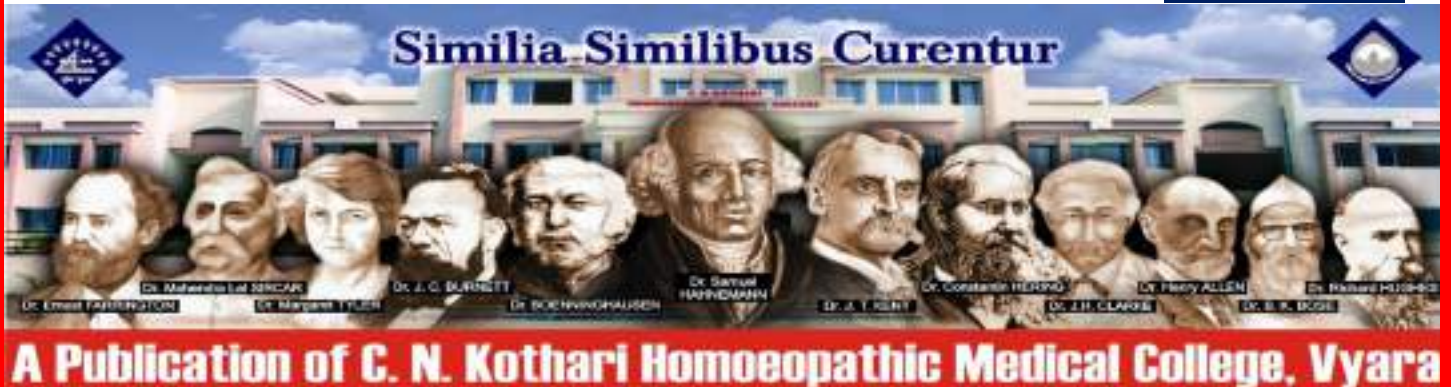
Issue No. 4 December, 2019

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Bicentenary plus 10 years- 210 year

Celebrating Birthday of Dr. Constantine Hering.

- **Born-** 1st January 1800 at Oschatz in Saxony. (Germany)
- **Death-** 23 July 1880 at Philadelphia (USA)



Dr. Mahavir Ghiya, M. D.(Hom)
HOD/Professor, Dept. of Case
Taking & Repertory

Dr. Constantine Hering was an inexhaustible and successful

apostle of the new science. He therefore merits a special consideration of more details, which will encompass or at any rate indicate a part of the extraordinary development of homoeopathy in the United States.

1817- He attended the surgical academy in Dresden, Germany

1820- Study medicine at Leipsic University.

Dr. Hering was a student and an assistant of the surgeon Dr. Robbi, who after an initial tendency towards homoeopathy, had become a decided antagonist to it.

23rd of March 1826, - He went to Wurzburg for term and graduated in homoeopathy. His doctor's thesis "de Medicina Futura" (on the Medicine of the future). Also he confessed himself boldly to be homoeopath.

In 1835 – He founded conjunction with Dr. Wesselhoft the " North American Academy for Homoeopathic Healing" in Allentown.(United States America). It was the first educational institution for homoeopathy in world.

In 1848- Dr Hering, Dr. Williamson and Dr. John Jeans were founded a new instructional institution for homoeopathy in February 1848- the Hahnemann medical college in Philadelphia, which still exist.

Today Hahnemann College in Philadelphia with the hospital attached and its extensive polyclinic has become the most important homoeopathic educational institution in the world. The college and hospitals are modern in their equipment and abundantly provided with materials of instruction, laboratory, apparatus etc. The libraries comprise approximately 20000 volume and homoeopathic literature in every language is completely represented. For practical training the Hahnemann College offers advantage which are scarcely to be equaled in any European University. The large number of cases in the hospitals and the polyclinic, where more than 50000 patients and 6000 accident cases are treated every year, afford the professors abutments material for their clinical instruction. Beside the general hospital containing about 200 beds, the college possesses a special institution for midwifery, directly attached to it, and allowing the students ample opportunity for observing obstetrical cases.

His contribution

1. The domestic physician(1935)
2. Translation of gross comparative material medica(1866)
3. Condensed material medica.
4. Analytical repertory of mind- 1882, 2nd edition
5. Guiding symptoms of material medica, 10 volume

He has either himself proved or supervised the drug proving of mephitis, crotalus, lyssin, cal-phos, kalmia, phytolacca, lachesis, nux mosch, osmium, lithium, glonoine, apis, cepa, aloe etc.

Death

At his death Dr. Hering was emeritus professor of institution. On 23rd July 1880, at 6 P.M, he made his last prescription to a patient and he went to take his evening meals with his family which greatly enjoyed at 9.30 PM. He remarked that his breathing was embarrassed accompanied by constant yawning. He tried to select a remedy but it was too late. A short time after, his last words were, “I am dying now...” and he passed into sleep which knows no waking.

Germany was birthplace of Hahnemann and of homoeopathy. But in the propagation and practical exploitation of Hahnemann’s theories as so many other provinces, the New World with its virgin freshness and energy has outpaced Germany and the Old World. This success is to be ascribed not least of all to the inexhaustible self sacrificing devotion of Dr. Constantin Hering.



Case Of Dengue Fever



Dr.P.P.Chothani M.D(Hom)
Assistant Professor
Dept of Case Taking &
Repertory

Name- xyz

Age- 22/ male

Address- surat

Chief complaints-

On early morning patient suffering from back pain with, with low grade fever. Weakness and laziness. No to desire eating food. Desire to lie down on bed. Decrease thirst. Head hot and clean tongue. Few days back some mosquito bite on the body. Temperature- 100 F.

Advice for laboratory- CBC, MP, Dengue Dio

On examination

Pt. head hot and abdomen hot

Palm and sole are cold

Tongue clean

Rubric-

- Dullness fever during
- Bed desire to remain
- Head hot with extremities cold

On this basis prescribe ars.alb 30 bd.

9/12/2019

Next morning fever – Same but body ache decrease. No appetite. With plenty of water and juicy fruit taken .

11/12/2019

Fever come in night with chilliness , some body ache but no appetite.

Ars.alb 30 TDS. 5 Pills

14/12/2019

No fever, some body ache, no appetite.

Ars.alb 30 TDS. 5 Pills

16/12/2019

No fever, no body ache. Some appetite.

Ars.alb 30 TDS. 5 Pills

DEEP CLINICAL LABORATORY

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HAEMOGRAM PROFILE

TEST	RESULT	UNIT	REFERENCE RANGE
WBC COUNTS PROFILE			
WBC	7.90	g/L	4.0 - 11.0 g/L
WBC E.C.	9.24	10 ⁹ /L	4.0 - 11.0 x 10 ⁹ /L
PLT	367.0	/L	150 - 400 /L
RBC	5.07	/L	4.0 - 5.4 /L
HGB	157.0	g/L	130 - 160 g/L
HCT	47.0	%	37 - 47 %
Mean H.B.C.	150	g/L	120 - 160 g/L
Platelet Count	367.0	10 ⁹ /L	1.5 - 4.0 x 10 ⁹ /L
DIFFERENTIAL LEUCOCYTE COUNT			
Neutrophils	88	%	50 - 70 %
Lymphocytes	8	%	20 - 40 %
Monocytes	2	%	2 - 8 %
Eosinophils	0	%	1 - 5 %
Basophils	0	%	0 - 1 %
ABNORMAL COUNTS			
Neutrophils	4.00	10 ⁹ /L	200 - 700 x 10 ⁶ /L
Lymphocytes	4.8	10 ⁹ /L	100 - 400 x 10 ⁶ /L
Monocytes	7.0	10 ⁹ /L	20 - 80 x 10 ⁶ /L
Eosinophils	0.0	10 ⁹ /L	20 - 500 x 10 ⁶ /L
Basophils	0.0	10 ⁹ /L	20 - 100 x 10 ⁶ /L
Platelet Count	ADAPT		
PARASITES	NO SIGNIFICANT		
Other Comments			

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HAEMOGRAM PROFILE

TEST	RESULT	UNIT	REFERENCE RANGE
WBC COUNTS PROFILE			
WBC	14.40	g/L	4.0 - 11.0 g/L
WBC E.C.	13.0	10 ⁹ /L	4.0 - 11.0 x 10 ⁹ /L
PLT	460.0	/L	150 - 400 /L
RBC	6.07	/L	4.0 - 5.4 /L
HGB	170.0	g/L	130 - 160 g/L
HCT	50.0	%	37 - 47 %
Mean H.B.C.	150	g/L	120 - 160 g/L
Platelet Count	460.0	10 ⁹ /L	1.5 - 4.0 x 10 ⁹ /L
DIFFERENTIAL LEUCOCYTE COUNT			
Neutrophils	88	%	50 - 70 %
Lymphocytes	8	%	20 - 40 %
Monocytes	2	%	2 - 8 %
Eosinophils	0	%	1 - 5 %
Basophils	0	%	0 - 1 %
ABNORMAL COUNTS			
Neutrophils	4.00	10 ⁹ /L	200 - 700 x 10 ⁶ /L
Lymphocytes	4.8	10 ⁹ /L	100 - 400 x 10 ⁶ /L
Monocytes	7.0	10 ⁹ /L	20 - 80 x 10 ⁶ /L
Eosinophils	0.0	10 ⁹ /L	20 - 500 x 10 ⁶ /L
Basophils	0.0	10 ⁹ /L	20 - 100 x 10 ⁶ /L
Platelet Count	ADAPT		
PARASITES	NO SIGNIFICANT		
Other Comments			

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HAEMOGRAM PROFILE

TEST	RESULT	UNIT	REFERENCE RANGE
WBC COUNTS PROFILE			
WBC	11.00	g/L	4.0 - 11.0 g/L
WBC E.C.	4.00	10 ⁹ /L	4.0 - 11.0 x 10 ⁹ /L
PLT	420.0	/L	150 - 400 /L
RBC	6.00	/L	4.0 - 5.4 /L
HGB	180.0	g/L	130 - 160 g/L
HCT	50.0	%	37 - 47 %
Mean H.B.C.	160	g/L	120 - 160 g/L
Platelet Count	420.0	10 ⁹ /L	1.5 - 4.0 x 10 ⁹ /L
DIFFERENTIAL LEUCOCYTE COUNT			
Neutrophils	88	%	50 - 70 %
Lymphocytes	8	%	20 - 40 %
Monocytes	2	%	2 - 8 %
Eosinophils	0	%	1 - 5 %
Basophils	0	%	0 - 1 %
ABNORMAL COUNTS			
Neutrophils	4.00	10 ⁹ /L	200 - 700 x 10 ⁶ /L
Lymphocytes	4.8	10 ⁹ /L	100 - 400 x 10 ⁶ /L
Monocytes	7.0	10 ⁹ /L	20 - 80 x 10 ⁶ /L
Eosinophils	0.0	10 ⁹ /L	20 - 500 x 10 ⁶ /L
Basophils	0.0	10 ⁹ /L	20 - 100 x 10 ⁶ /L
Platelet Count	ADAPT		
PARASITES	NO SIGNIFICANT		
Other Comments			

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CHOLESTEROL REPORT

TEST	RESULT	REFERENCE RANGE
Cholesterol	102.0 mg/dL	100-160 mg/dL
Triglyceride	100.0 mg/dL	100-160 mg/dL
HDL Cholesterol	7.0 mg/dL	100-160 mg/dL

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Case – Case Of Cough

Name – Smit *

Age – 9years

CHIEF COMPLAINT

1. Dry cough since more than 1.5 months, has tried
 2. all allopathic treatment but without any relief
- Ailment from – exposure of cold air while going to school early in morning, sensitive to cold air < during sleep

The cough awakens him from sleep

OBSERVATION

While he was coughing he was bending forward almost his legs and head come together.

The cough was very spasmodic and hence the bending.

The cough comes in paroxysm, suddenly, after a gap of no cough, suddenly it starts then keeps continuing.

The child is very playful, does not sit in one position, keeps tapping his fingers on the table like playing a table.

RUBRICS ANALYSIS from ISIS software

1. Cough, convulsive spasmodic
2. Cough paroxysmal
3. Cough sleep during
4. Cough wakens from sleep
5. Cough bend double must



Dr.Lata.M.Ningoo (BHMS)
Visiting Professor
Dept of Hom.Materia Medica

6. Restlessness in children

Agaricus Muscaris covering all the symptoms

Reading from Boericke explains the spasmodic affections, sensitive to cold air and cough in sleep.

Agaricus Muscaris 200 3 pills tds for 3days and SL pills for 7days

FOLLOW UP

After 10days

The cough has stopped totally the child is cured of the acute cough.

CASE



Dr.P.P.Chothani M.D(Hom)
Assistant Professor
DEPT OF Case Taking &
Reperotry

- **Abrupt-**

Mean- Sudden, Unexpected or without any pre warning

Here we have to interpret it as an abrupt- person. If someone is in habit of doing everything all of a sudden he will be called an abrupt or an unpredictable.

An abruptness causes inconvenience to others; he is treated as a person having no regards for other's convenience or sentiments and is therefore labeled as rude person. Which in reality he is not and does not intend to be.

Medicine- kent Rep- Nat-m, *tarent*

- **Absent mind-**

Mean- Absent mind is the person whose mind is not present where it should be.

Inter. Generally one is bound to remark about such a person "where are you" or "where were you".

Vers- A patient tells, "please repeat what have you asked? I am sorry, my mind was away while listening to you."

- **Absorbed**

Mean- Absorbed(adj) Deeply engrossed

Inter. Absorbed: person is present but is so deeply involved that he is not available on the surface as if sucked in as water in the sand. Such person may

invite remarks- “you seems to be so deeply buried in your work that you did not notice us. We are sitting here before you for the last one hour”

Vers: “A patient who has been waiting for me, explains, “I am sorry I was dipped deep into my thoughts & did not notice as to when you arrived. I think it is not very long that you entered your chambers.”

- **Absorbed alternative with frivolity**

Mena. Alternating(v) with(p): two state are interchanging between one another

Inter. About his problem sometimes become serious & the other unserious

Vers. “ with me the problem is that two type of ideas keep on interchanging in my mind. One moment I will become serious about my problem and go deep into the matter and at other I will tell myself there is nothing to be serious about anything.”

Medicine- kent repertory- Arg-n

- **Absorbed, as to what would become of him**

Mean - what(pron) : used interrogatively asking for information

Inter- remain asked about his fate

Vers: “ I remain buried in thought if the same state of my health continue what will happen to me in the remaining period of my life. I have yet to live many more years.

Medicine- kent repertory- Nat-m.

- **Abstraction, of mind**

Mean- abstraction(n): act of considering something as a general quality not leading to any practical result

Mind:(n) the part in a human or other conscious being that reasons, understands, will, perceives, experience, emotions etc

Inter- getting away from the real subject. It is like the one who is busy in studying a particular subject and trying to understand it deeply and in between, his thoughts away and dwell on some other subject having no concern with subject under study. Like what he is doing to get to eat at lunch or dinner or recall a long song and its tune how sweet it was or that if he become an industrialist he will be very kind to the poor etc. after some times he realizes

that he was led away from real subject and reproaches himself for his lapse on his part.

Vers- while talking to you(about my ailments) you might have notice that I stopped in between. Actually I left the subject under discussion and stayed away to another of no importance. After sometimes I realized with amazement and questioned myself as to what I was doing”. This is part of mental state.

Abusive

Mean. - One who puts to misuse anything.

Inter.- It may be one’s tongue by using filthy language, one’s authority or position by talking undue advantage of it.

Vers- “The truth about our child is that he being our only child know that we will yield to every wish of his and that is why he tries to misuse his position without realizing that he is over straining our resources”

- **Amusement, aversion to**

Meaning- Something that pleases or hold attention

Inter. -Has lost interest in thing which please the mind or hold attention

Vers. Pt. In Few days- I am not playing the chess game, which is my pleasant game .

Doctor- why?

Pt.- I have no interest in chess game.

Medicine- kent repertory- Bar-c, lil-t, meny, olnd, sulph

- **Anger Interruption from**

Mean- Cessation of activity many times in between before its completion.

Inter.- Strong displeasure felt at the break experienced in smooth functioning of activity.

Vers- “ My ailments are a source of obstruction in every type of my activity. I cannot raise my hands up to my face. I cannot eat properly as I cannot move my jaw. I can not walk properly as my knees do not bend.

Seminar

“Unfoldig the simple way of Perceiving and Prescribing”

C. N. Kothari Homeopathic Medical College, Vyara in association with HMAI Vyara Unit organised a Seminar on 16/10//2019 on the topic of *“Unfoldig the simple way of Perceiving and Prescribing”*. The seminar was presented by Dr. Rakeshbhai Gohel from Anand; He has presented few cases of rare remedial prescription. He insisted on reading Boericke Materia Medica & Allen’s Key notes in between the lines and understading the characteristics of presentation in a case & matching it. The Seminar was interesting & very much informative to students & staff. Students of 4th BHMS & Interns attended the Seminar. It was co-ordinated by seminar committee headed by Dr. Jayantilal J. Jain under the guidance of Principal Dr. (Mrs.) Jyoti R. Rao.



Namo E-Tablet Distribution

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara has organized "Namo E-Tablet Distribution" programme on 7/8/2019. C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara was the first homoeopathic college which has taken the benefit of "Namo E-Tablet" for learning for student taking admission in F. Y. BHMS through University under the scheme of Higher Education Department of Gujarat State Government. In this Programme Dean of Homoeopathic Faculty of Veer Narmad South Gujarat University, Surat Dr. Vipul Shastri was invited as Chief Guest. College Principal Dr. Jyoti Rao gave verbal & floral welcome to Dr. Vipul Shastri. After lightening the lamp Tablet Distribution was carried by the hands of Dr. Vipul Shastri, Dr. Jyoti Rao, Senior Faculty Members & Office Superintendent Mr. Daxeshbhai Shah. Dr. Vipul Shastri advised Students to use this tablet generously & to use it as reference. Whole programme was successfully handled by Activity Committee head by Dr. Heema Pandya & her team under able guidance of Principal Dr. Jyoti Rao. Programme was ended with vote of thanks & National Anthem.



Independence Day

C.N.Kothari Homoeopathic College Research Centre Vyara celebrated "73rd Independence Day" on this national festival Dr.Bhvin Modi (HOD Practice of Medicine) had hoisted the Flag with chorus recitation of National Anthem. After that college Trustee Shri Dineshbhai Bhatt conveyed best wishes to everyone. Dr.Bhavin Modi delivered speech on campaign on "Water Saving". the programme was concluded by "Save Water" pledge & with sweet. Whole programme was under the guidance of Dr,Jyoti Rao Principal.



Janmashami Celebration

On date 23/08/2019, C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara celebrated Janmashtami Utsav. Celebration was begun where a group of Girls & Boys Participated in "Matkifod". They were heading towards matki with 'Jaygosh' with full excitement & enthusiasm. The atmosphere was filled with spiritual feeling 'Matkifod' was followed by Aarti & Prasad distribution.

Event was successfully handled by activity committee & team under the guidance of Principal Dr. Jyoti Rao.



Ganesh Festival

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara Celebrated Ganesh festival from 02/09/2019 to 06/09/2019. Festival was begun with "Ganesh Stapan" where Eco friendly Ganesh Idol was worshiped. During this festival period Students & Staff participated in aarti & also done in morning & evening. Tree plantation 4th day Mahaaarti & Chhappan bhog was offered is Ganpati Bhagwan with chanting of sloka on last day. Satyanarayan pooja and Visarjan yatra was arranged. Where whole atmosphere was electrifying with music & flowering Ganesh idol with heavy heart.

Ganpati visarjan was completed at Tichakiya village. Whole festival was celebrated under the guidance of Dr. Jyoti Rao & Cultural Committee by student Committee successfully.



Camp

Kalidas Hospital run by C. N. Kothari Homoeopathic College & Research Centre Vyara in collaboration with HMAI vyara unit and Indian Red Cross Society Tapi Dist. Branch organized a free Homoeopathic Camp at Shishu Gurjari Vidhya Sankul, Paniyari, Vyara on 20/09/2019

Many patients were examined. The camp was organized by committee headed by Dr. Dixita Bhatt & team under the guidance of Principal college Dr.Jyoti Rao.



Farewell

Happy Retirement to Dr. N. S. Mahant sir. He was faculty of Community Medicine dept. he has served for more than 12 years. Principal of college, Management and staff members gave him a very unique farewell on his retirement day.



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