

Homeofragment

Quarterly Medical Bulletin
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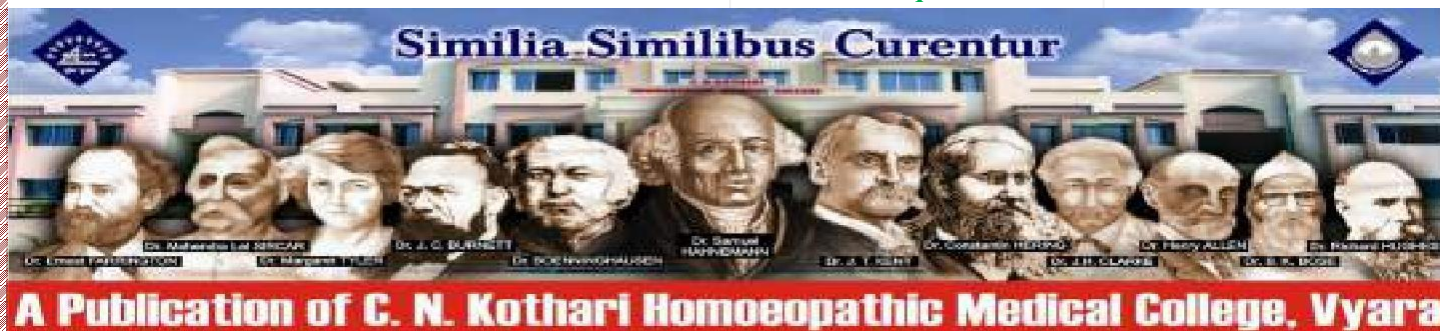
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79th Independence Day



Theme: - “Naya Bharat”

C. N. Kothari Homeopathic Medical College and Research Centre Vyara, Kalidas Hospital with Trustee Members, Teaching Staff, Non Teaching Staff, Hospital Staff and Student celebrated 79th Independence Day of India.

On the day of Independence Day the flag was hoisted by the Dr. Bhavna S. Patel – Associate Professor of Homoeopathic Pharmacy Department, she gave speech on India’s Progress, education, Innovation and unity. Dr. Jyoti Rao, Principal of college gave speech on our country’s honesty, unity and protecting our environment and she paid tribute to freedom fighters. College student Miss. Zeel Trivedi of 4th BHMS anchored the whole event. Mr. Kaushal Ghevariya of 4th BHMS escorted the chief guest to hoist the flag. All dispersed with sweets at the end of the event.

The program was successfully completed by the joint efforts of Dr. Dhruni Birari & her team.

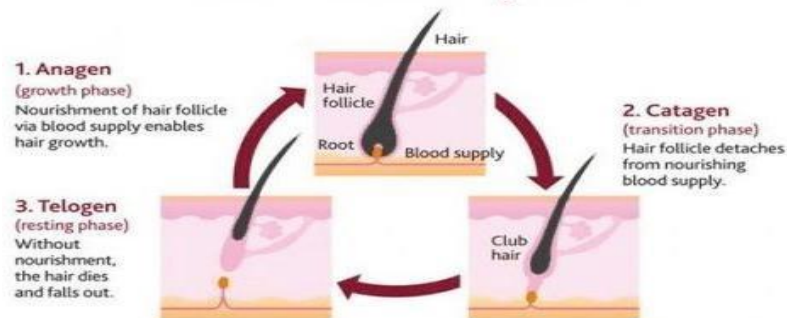
Alopecia

Hair growth in individuals follows a cyclical pattern. In humans, hair follicles within the same region are usually at different Stages of the growth cycle, meaning they don't all grow or shed at the same time. As hairs reach the end of the telogen (resting) phase, they naturally fall out—making daily hair shedding a normal process. There may also be seasonal fluctuations in the amount of hair lost. Excessive hair loss can occur due to a range of factors such as genetics, hormonal disturbances, stress, nutritional deficiencies, or underlying health conditions. When this loss becomes abnormal, it is classified as alopecia. It can present as general hair thinning, a receding hairline, or bald patches, and it can affect both men and women.



Dr. Asfaque Amla
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Hair Growth Cycle



Alopecia areata is a non-scarring autoimmune disorder that can affect any area of the body where hair grows. It is one of the most common types of hair loss, frequently seen in children and young adults. The condition typically presents with the sudden appearance of one or more smooth, round patches of complete hair loss on the scalp. These patches are sharply defined, and a hallmark feature is the presence of “exclamation mark” hairs—short, broken hairs that are narrower at the base—found at the edges of the bald areas.

While alopecia areata often remains localized to the scalp, it can also involve the eyebrows, eyelashes, beard, and other body regions. The bald patches may expand gradually over a few weeks, or additional new patches may emerge. When the hair loss becomes complete across the scalp, the condition is termed *Alopecia Totalis*. If hair loss extends to the entire body, including the scalp, face, and body hair, it is classified as *Alopecia Universalis*.



Alopecia can be broadly classified into cicatricial (scarring) and non-cicatricial (non-scarring) types. Non-cicatricial alopecia is further categorized into patchy and diffuse forms. Alopecia areata is considered an organ-specific autoimmune disorder, likely involving autoreactive T cells that target melanocytes within anagen hair follicles. Although the exact cause of alopecia areata remains unclear, there is strong evidence supporting an autoimmune basis.

The condition is also frequently associated with other autoimmune diseases.

AETIOLOGY:

1) Genetic Predisposition

A family history of hair loss significantly increases the risk of developing alopecia. Genetics play a crucial role in determining overall hair health and susceptibility to hair thinning or baldness. Individuals with relatives who have experienced hair fall or pattern baldness are more likely to encounter similar issues. While hereditary hair loss is difficult to reverse, a range of treatments and preventive strategies can help manage the condition effectively.

2) Autoimmune Association

Alopecia areata is strongly linked to autoimmune conditions such as thyroid disease, vitiligo, and Addison's disease, supporting an autoimmune etiology. Histological evidence shows lymphocytic infiltration around anagen hair follicles. Unlike many autoimmune disorders that permanently damage the

target organ, alopecia areata causes a temporary suppression of hair follicle activity. This suggests that the immune system may be targeting a regulatory growth factor or its receptor rather than destroying the follicle itself.

3) **Tinea Capitis**

A fungal infection of the scalp, tinea capitis presents as irregular patches of alopecia accompanied by scaling and broken hair stubs within the affected area. Multiple patches may form, and in some cases, inflammation may lead to the development of a painful, swollen lesion known as a kerion.

4) **Folliculitis Decalvans**

A rare cause of alopecia, folliculitis decalvans is characterized by pustules surrounding hair follicles. These lesions eventually heal with scarring and lead to the permanent destruction of affected follicles.

5) **Other Skin Disorders**

Certain dermatological conditions can result in alopecia, notably discoid lupus erythematosus and morphea. These disorders often lead to scarring and irreversible hair loss if not treated early.

6) **Trichotillomania**

A psychiatric condition where individuals compulsively pull out their own hair, trichotillomania leads to patchy hair loss. The pattern of alopecia is often irregular and the hair shafts may appear broken or uneven.

7) **Traction Alopecia**

This form of hair loss is caused by persistent tension on the hair due to tight hairstyles, such as ponytails or braids. It most commonly affects the frontal and temporal hair margins, where the mechanical stress is greatest.

Case

NAME: Miss V.

AGE / SEX: 9 years / Girl

EDUCATION: studying in 4th STD

ADDRESS: Mota Varachha, Surat

Chief Complaint:

C/o,

(History given by Mother and father)

Hair falling ++ in bunches increased since 1 year, < Combing +++ and < washing ++ causes patches (bald). Also having itching + over there. No any eruption.

Past History:

- Recurrent URTI – Tonsillitis < cold drink ++
- Constipation up to age of 5 years
- No H/o worms or pica

Family History:

- Mother – Hair falling

Vaccine –

Routine vaccine in PHC

Milestone:

- Rolling, crawling - within 1 year
- Able to sit alone without support – within 1 year
- Speech – 1 to 1.5 year
- Walking with support – 1 to 1.5 year
- Walking without support – delayed + (after 2.5 year)
- Teething – 6-7 months , c/o Recurrent gastro



Dr. Pankaj Lathiya
M.D. (Hom.), Ph.D. (Hom.),
Professor,
Dept of Community Medicine



Physical General:

- Appetite - No appetite at all. Previously, had trouble eating. Eating a small amount causes stomach ache, and eating more leads to diarrhoea. Easily feels fatigued.
- Thirst – 5-7 glasses / day (lukewarm water)
- Desire – salt ++ , sweet ++ , chocolate ++ , Ice cream ++
When she was little, she used to eat salted potato wafers (salted)
- Aversion – Bitter + , Green veg +
- Perspiration – palm ++ , forehead ++
- Stool – 1-2 times/ day, Odor – offensive.... Flatulence ++ , sometimes abdominal pain > passing flatus ++
- Urine – No Significant
- Sleep – Position – on abdomen (70%) otherwise on side, many times startled during sleep... cry.... Fearful... Specially while someone scolded... Sometimes dream of Ghost
- Thermal : Chilly

Nature: (By Mother)

“She can’t sit in one place; she’s restless. Whether watching TV, using the mobile, or doing household chores, even when sitting, her hands and feet keep moving. She used to be stubborn as a child, but now she has become more understanding.”

“She gets tired quickly and can’t do a lot of homework. She needs to read things 2-3 times to remember them and tends to forget after a few days. At school, if given extra work, she complains of headaches. I feel her memory is a bit weaker compared to other children.”

Que : What else? Tell me more about her personality.

Ans : “Yes, she invites the neighbourhood children to play at home and shares her things and food with them. She has many friends at school and gets along well with everyone—there are no complaints. When we moved to a new house, within 2-3 days she had already become friendly with the neighbours. Her academic performance is average, but her grades are good. She enjoys playing with other children. She feels comfortable visiting unfamiliar homes and easily mingles with everyone around, just like at home. This is a positive quality of hers, especially since there are few children her age nearby, and even then, she sits quietly without causing any trouble. Everyone says she is a calm and well-behaved girl.”

Que : Good. Tell me more.

Ans : Okay, you ask now.

Fear : She is afraid of the dark and won’t go alone in it. She fears ghosts the most. She is also afraid of water and small creatures like cockroach, lizard and rats. Among these, she is most afraid of ghosts.

Anger : Occasionally

- Weeping : When someone teases her, she especially gets upset with her father.
- Dreams : Not recurrent and specific

Observation : Active gesture + calm and cool

On Examination:

- Teeth : 3-4 decayed
- Mouth : Foul smelling
- Tongue : Clean but slight white coated (Past)
- Eyes : Pallor +
- Nail : Pallor + , 1-2 small white spot (Tiny like mustard seeds)

Treatment History: used only hair oil

My Understanding:

- She is good girl by nature.... Friendly.... Mixing.
- She cares even for strangers like a family member.
- She needs people (children) around.
- She makes new home wherever they go (Because of stability & security- support)

[Different From Phosphorus – Affectionate, Love, and Care]

- But, mentally mild, weakness of memory, forgetfulness, tired.... Even physically weak.... Appetite – poor.... Slightly eating causes Pain in abdomen.
- Teeth – decayed.... Mild delay in learning to walk.... Perspiration Palm & Forehead
- P/H : Cold affect throat, Constipation, Stool – offensive

Selection of Remedy:

CR : Calcarea Phosphorica

D/D : Phosphorus

[Affectionate, Love, Care, Clinging, Easily mixing, Active, Sharp memory]

IR : Tuberculinum (as per required)

On 27/09/2019 (on date of case taking)

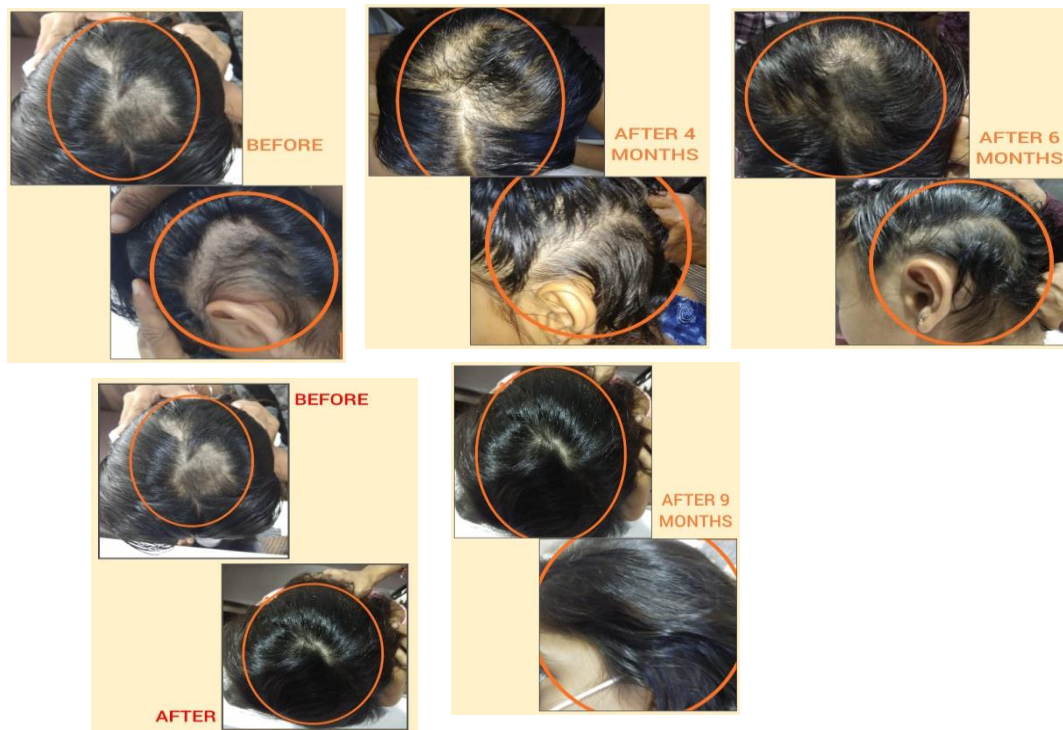
Rx Calc. phos 30 × 3 doses

SL × 7 days

Follow Up

Date	Complaints	Interpretation	Prescription
05/10/2019	No change	Need of repetition	Rx Calc. phos 30 × 3 doses × weekly SL × 15 days
21/10/2019	No change	Need of repetition	Rx Calc. phos 30 × 3 doses × weekly SL × 15 days
06/11/2019	Hair falling decreased	No need of repetition	Rx SL × 15 days
22/11/2019	Hair falling decreased >+ Itching >+	No need of repetition	Rx SL × 15 days
07/12/2019	No any change	Need of repetition	Rx Tub 200 × 1 dose × stat Calc. phos 200 × 1 dose × weekly SL × 15 days
25/12/2019	Small new hair start to appeared	No need of repetition	Rx SL × 1 month
30/01/2020	Status Que	Need of repetition	Rx Tub 200 × 1 dose × stat Calc. phos 200 × 1 dose × weekly SL × 15 days
17/02/2020	Better	No need of repetition	Rx SL × 1 Month
22/03/2020	No any change	Need of repetition	Rx Calc. phos 200 × 3 doses × weekly SL × 1 Month
25/04/2020	Better after Medicine No itching	No need of repetition	Rx SL × 1 Month
22/05/2020	Status Que	Need of repetition	Rx Tub 1M × 1 dose on 1 st day Calc. phos 1M × 1 dose on 2 nd day SL × 1 Month
25/06/2020	90% Better No complaints	Need of repetition	Rx SL × 1 Month
30/07/2020	Complete regrowth of hair No any single spot of baldness	No need of repetition	Rx SL × 1 Month

PHOTOS :



Homeopathy and Heroines

Subtitle: When their stories were misunderstood, homeopathy revealed the truth.

Growing up, I found something odd, which for some people would be considered normal like water in a pond or a fish in a sea, But for me it was something always out of place. It is how our female's characters were mostly portrayed in our TVs, cinemas and also in our daily life. They were always either depicted weeping or were always represented as evil / cruel.

I always thought that from our daily soaps to our sacred epics, they mostly cry, cry and cry - our heroines never seem to run out of tears!

When I first entered in field of homeopathy, I heard that there is something called "Female remedies". I was captivated to learn more about them. But soon enough , it felt same as the daily soap heroine portraits which were created by our mass media which made my mind prejudiced to say how I look at the remedy or how emotions expressed by women .

At first I thought, it was a coincidence, the same crying women from serials to symptoms, but was it? It was a quite deep dive for a noob like me, But in due time, I realized that these medicine states were emotional states of patients. This emotion doesn't make them weak but rather makes us realize us how strong they have been in past and in present.

They were the "signals" "given by the patients and our homeopathic Materia Medica "decodes" them.

Like

'What if our MM wasn't just a list of symptoms, but as library of stories were never learned to read right?

- Like,1) Pulsatilla is portrayed as emotional, soft and changeable but their strength is in their sensitivity and adaptability is their power. Like a soft soul in a changing world.
- 2) Sepia appears cold, indifferent but is actually "burnout" from all the unreasonable demands and expectations and overwork and her lack of control on her life . Like a women who has given too much her whole life , she now retreat inwards not to hurt others but to hold herself together.
- 3) Lachesis is always taken as outspoken, straightforward, blunt and loquacious which can be from a person who has been repressed for too long or had been too discreet and reticent. Like someone who wasn't allowed to speak.
- 4) Natrum mur is often misunderstood as distant and reserve but she is protecting herself as she feels too deeply and chooses to hide emotions due to her past betrayal or grief , like a heroine who has loved and lost and now wears armor .
- 5) Ignatia is considered as for being "too sensitive" or "too dramatic" which can be due to the Complaints were taken for granted too many times, like a literary heroine caught between strength and sorrow .



Jaiseel Makwana
4th BHMS

- 6) Staphysagria in society she gets praised for being “so well behaved” And being “so sensitive” to insult but in homeopathy we know that all complaints are due to suppressed anger and wounded dignity. Like a women who has been told to stay quite her whole life until she breaks.
- 7) Platina is often misread as arrogance and for having superiority complex but maybe she just had to Survive. Like a queen in exile hurt, alone but standing tall.
- 8) Medorrhinum is easily misunderstood as unstable, immoral, restless, and extreme but it can be due to the result of inner turmoil and inherited burdens . Like someone who is racing against her own past. “Some weep openly like pulsatilla, some hide their wound like natrum, some rage like Lachesis, while other collapse in silence likes Ignatia, none are too emotional they were being human.” These remedies present more complex picture of feminity not weak not weak or dramatically but we’ll layered human emotions , these aren’t the symptoms of mad or fragility but are language of survival. Which took long enough for me to understand that it isn’t just a piece of literature, but was more like a “happy ending of a movie” which solves every problem in patient after prescribing the perfect similimum. But why emotions matter?

This isn’t just textbook stuff anymore, this is real and if we misread emotions, we misread people. That’s why understanding these emotions isn’t just interesting but is rather more essential.

In homeopathic case taking , emotions are a door which leads us to the most innermost state of patients which is necessary to know because remedy isn’t just prescribed just because the someone is sad or silent or is weeping but it is about why , how and what makes it that way or drives them to such extents. We need to realise the deeper pattern – the root of imbalance.

For students like me, learning to observe emotions without being biased is a skill which is quite hard to learn but it improves with every patient, every remedy and every reflection.

In the beginning, I saw medicines like characters, Pulsatilla cries, sepia is cold, Lachesis is loquacious but now I see them as personalities which are rather shaped by life, experience and internal struggles.

I no longer try to fit patients into remedies. I try to understand then and then see which remedy understands them too.

Heroines in stories may cry because someone wrote them that way but remedies in homeopathy cry because that’s how patients speak.

Let the Heroines in stories weep but let’s listen to learn.

Disclaimer:

This article is based on my personal reflections and understanding. It is not written with the intention to oppose, criticize, or dismiss anyone’s feelings, experiences, or perspectives.

References:

1. Allen, T.F. – Materia Medica of the Nosodes / Keynotes of the Materia Medica (depending on which Allen’s text you are citing).
2. Rajan sankaran – The Soul of Remedies.

Seminar

“Mental Health Training”

On 9th and 12th July 2025, seminars on “Mental Health Training” were conducted by Dr. Bhavna Patel and Mr. Harish Sheikh, who recently attended a training program organized by the Indian Red Cross Society, Gujarat state branch, Ahmedabad. The sessions focused on debunking myths about mental health, identifying mental symptoms and their causes, understanding non pharmacological treatment approaches, and developing effective counseling skills for patients and their families. The seminars were interactive and sensitizing of participants towards mental health issues and guided them with basic counseling strategies.

The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Amitrai Shah, Head of the Seminar committee and his team.



“Boericke Repertory and Its Clinical Application”

As a part of the 25th-year celebration of our institute, a seminar on “Boericke Repertory and Its Clinical Application” was organized by our C.N. Kothari Homeopathic Medical College on 23rd July 2025. The session was graced by the presence of Dr. Shirang Vyas, an eminent homeopathic physician and academician, who was invited as the keynote speaker.

Dr. Shirang Vyas delivered an insightful lecture highlighting the practical utility of Boericke Repertory in clinical practice. He shared valuable clinical tips, explaining how concise and effective use of this repertory can help in selecting rare and less commonly prescribed remedies. His discussion, supported by real-life clinical examples, kept the audience engaged and inspired them to use repertorial knowledge confidently in daily practice.

As a token of appreciation, the HMAI Vyara Unit and the C.N. Kothari Homeopathic Medical College presented a bouquet and a memento to Dr. Shirang Vyas.

The seminar concluded with an interactive Question and Answer session, where students enthusiastically clarified their doubts and gained further knowledge from Dr. Vyas's experience. The session was highly appreciated by the participants for its relevance and practical guidance.

The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Amitrai Shah, Head of the Seminar Committee, and his team.



“Infertility”

The second seminar was successfully organized on 29th July 2025 by the HMAI Vyara Unit with the support of C.N. Kothari Homeopathic Medical College & Research Center, Vyara. The speaker for the session was Dr. Shivani Shah, a well-known IVF consultant, who conducted an interactive and engaging session focusing on the causes of infertility, the role of modern science in infertility management, and an integrated approach combining allopathic and homeopathic perspectives. Although she is an allopathic doctor, Dr. Shivani Shah showcased an impressive understanding of the homeopathic system, making the session highly informative and inspiring for the audience. She was warmly introduced and welcomed by Dr. Jyoti Rao, Principal of C.N. Kothari Homeopathic Medical College & Research Center, Vyara and President of HMAI Vyara Unit, who offered a bouquet and memento as a token of appreciation. Dr. Pankaj Lathiya, Vice President of HMAI Vyara Unit, also welcomed the speaker and presented a gift on behalf of the unit, marking a memorable and successful seminar under the silver jubilee celebrations.

The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Amitrai Shah, Head of the Seminar Committee, and his team.



Homoeopathic management of chronic Skin condition- Evidence & Experience

The Third seminar in the series was successfully organized on 5th August 2025 by C.N. Kothari Homeopathic Medical College & Research Center, Vyara in collaboration with HMAI, Vyara. The speaker for the session was Dr. Ketan Shah, a renowned homeopath known for his clinical expertise and teaching skills. He delivered an interactive and enriching session, which was highly appreciated by both faculty and students for its practical insights and engaging delivery.

The session commenced with a warm welcome and introductory note by Dr. Jyoti Rao, Principal of the College and President of the HMAI Vyara Unit and Academic Head Dr. Bhavin Modi offered a bouquet and memento to Dr. Ketan Shah as a gesture of appreciation and respect. Dr. Pankaj Lathiya, Vice President of HMAI Vyara Unit and Secretary Dr. Tushar Dhimmar, also welcomed the speaker and presented a gift on behalf of the HMAI Vyara Unit, marking the moment with warmth and gratitude. The entire program was conducted under the guidance and leadership of Dr. Jyoti Rao and was meticulously organized by Dr. Amitrai Shah, Head of the Seminar Committee, along with his dedicated team. Their efforts ensured the smooth and successful execution of the event.



“From Core to Cure: Leveraging the basics for smart Homoeopathic Practice” an interactive session

The Fourth seminar in the series was successfully organized on 25th August 2025 by C.N. Kothari Homeopathic Medical College & Research Center, Vyara in collaboration with HMAI, Vyara.

The distinguished speaker for the session was Dr. Poorav Desai, Principal of Jawaharlal Nehru Homoeopathic Medical College, Parul University, Baroda. Dr. Desai, well known for his academic excellence and dynamic leadership, delivered an insightful and inspiring lecture. His session was highly appreciated by faculty and students alike for its clarity, practical orientation, and motivational impact.

The seminar commenced with a warm welcome and introductory note by Dr. Jyoti Rao, Principal of the College and President of the HMAI Vyara Unit. Vice President Dr. Pankaj Lathiya and Dr. Swapnil Khengar honored Dr. Poorav Desai with a bouquet and memento as a token of appreciation and respect on behalf of the HMAI Vyara Unit. The entire event was held under the leadership and guidance of Dr. Jyoti Rao. It was meticulously planned and organized by Dr. Amitrai Shah, Head of the Seminar Committee, along with his dedicated team, ensuring the smooth and successful execution of the programme.

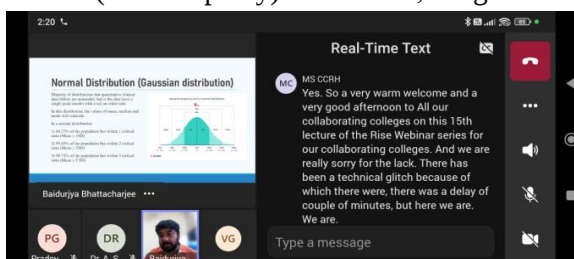


Webinar

The research team of the college including students & faculties has attended the 15th lecture of webinar series- "RISE": Research interactions for student enrichment, enhancement and encouragement: A webinar series organized by Central Council for Research in Homoeopathy, New Delhi.

Topic: Bio-statistical consideration in designing a research study I (b)

Speaker: Dr. Baidurjya Bhattacharjee, Research Officer (Homoeopathy) /Scientist-I, Siliguri



Department Activity

Quiz Competition on Organon of Medicine

The Department of Organon of Medicine organized an interclass quiz on the occasion of Dr. Hahnemann's death anniversary. Five teams from 2nd BHMS participated. The quiz consisted of rounds such as Multiple Choice Questions, One-Word Answers, and Rapid Fire. If a team could not answer, the question was passed to the audience. Correct answers from the audience were rewarded with chocolates sponsored by Dr. Pritesh Patel. Team CLARKE won the 1st Prize – Stethoscope, BOGER secured the 2nd Prize – Clinical Hammer & Thermometer, and ALLEN achieved the 3rd Prize – Thermometer. All winners and participants received certificates. The event was conducted smoothly and appreciated by students and faculty alike.



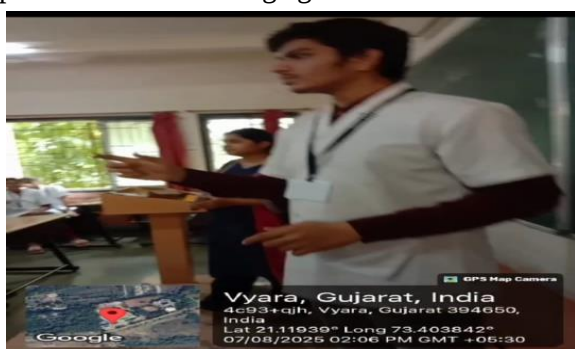
Gait Disorders Demonstration

The Department of Practice of Medicine organized Demonstration on Gait Disorders, where 2nd BHMS 2025- 2026 Batch students actively participated with great enthusiasm. The event aimed to enhance clinical skills and observational abilities among students by demonstrating various gait disorders. The activity was judged by Dr. Meena Kalra and Dr. Vaishali Chaudhari, who evaluated the performances based on accuracy, Presentation and understanding of the gait patterns. At the end of the session, three students were awarded rank prizes (1st, 2nd, and 3rd) for their excellent demonstrations. Additionally, five students received consolation prizes for their commendable efforts from Department of Practice of Medicine. The prizes were distributed by the respected Principal Dr. Jyoti Rao who appreciated the efforts of the participants and encouraged the students to take part in more such interactive and skill-based activities in the future. The Department Head Dr. Bhavin Modi acknowledges the active involvement of students and the support of faculty in making this event a success.



An Innovative Educational Activity "Dumb-Charades"

The Practice of Medicine department took learning to a whole new level with "Dumb Charades" - a fun and interactive way to explore CNS disorders! On August 7th, 2025, 4th BHMS students got creative, acting out complex medical conditions and showcasing their knowledge. Dr. Vaishali Chaudhari and the POM team organized the innovative engaging event. The winning students were rewarded with gifts of ball pens, but the real prize was the knowledge gained. Well done students!



Quiz Competition on Surgery

The Quiz Competition was arranged on 20th August 2025 by the department of Surgery as the 1st departmental activity. A total of 15 students of 2nd-year BHMS in 5 groups of 3 students participated enthusiastically and eagerly. Scalpel, Scissor, Suture, Needle and Retractor were names of the groups. Dr. Swapnil Khengar conducted the quiz as a quizmaster. In this competition, students of the first and second groups were awarded with the prizes and certificate of participation, and the rest were awarded with the certificate of participation. The whole event was successfully organized by Dr. S. S. Khengar under the successful guidance of the principal, Dr. Jyoti Rao.

Result: 1st Prize: Needle Group—Kadeval Tanvi, Dakhara Ashiti, Navadiya Krishna

2nd Prize: Suture Group—Hirani Sakshi, Kidecha Mansi, Maniya Janvi



Poster-making competition on Forensic Medicine & Toxicology

The department of forensic medicine & toxicology organized a poster-making competition of various types of injuries. Where 2nd BHMS 2025-2026 Batch students actively participated with great enthusiasm. The activity was judged by Dr. Swapnil Khengar & Dr. Lalit Mavani evaluated the performance based on accuracy, presentation & understanding of the types of injuries. At the end of the session, two groups were awarded rank prizes (1st & 2nd) for their excellent demonstrations. Principal Dr. Jyoti Rao appreciated the efforts of the participants & encouraged the students to take part in more such interactive & skill-based activities in the future. The department head, Dr. Lalit Mavani acknowledges the active involvement of students & supports of faculty in making this event a success.



Various Days Celebration

World Red Cross Day

On 8th May 2025, C.N. Kothari Homoeopathic medical college and research Center, celebrated world Red Cross Day at Bhilkhiba Red Cross Bhavan, College campus. World Red Cross Day, celebrated annually on 8th May, is a global observance that marks the birth anniversary of Henry Dunant, the founder of the International Red Cross and the first recipient of the Nobel Peace Prize. The day is dedicated to recognizing the humanitarian efforts of the Red Cross and Red Crescent societies worldwide. On commencement of event Mr. Jayantibhai Valand (camp incharge) and his team were felicitated by flowers and gifts. Which followed by speech by Mr. Jayantibhai Valand, Dr. Ajay Desai (IRCS Gujarat State Branch, vice chairman, IRCS Tapi District Branch, Secretary) and Shree Shirish Pradhan Vice President of Shree Aruna Anila Vyara Pradesh Vikas Pratishthan, Staff of the College & Kalidas Hospital, Red Cross Vyara team and staff of Shishu Gujrari participated in celebration.

The program concluded with oath which followed by National anthem, and departure of the Red Cross ambulance with flowers. This whole program was conducted by Dr. Dhruni Birari and team under guidance of Principal Dr. Jyoti Rao.



World environment Day

World Environment Day, Celebrated annually on June 5th, is a global platform for raising awareness and encouraging action for the protection of the environment. This year, C.N. Kothari Homoeopathic Medical college and Research center observed the day with great enthusiasm and a sense of responsibility towards nature. Tree plantation was carried out by ranker students of 1st and 3rd BHMS at herbarium garden of college campus. Students and staff of college took part in this event. This whole program was carried out by Dr. Dhruni Birari and team under guidance of Principal Dr. Jyoti Rao.



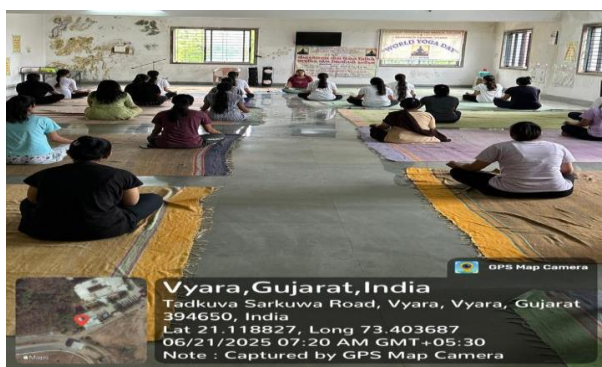
World blood donor day celebration “Give blood, Give Hope, together we save lives.”

On 14th June 2025, C.N. Kothari Homoeopathic Medical College & Research Center, Vyara celebrated “World Blood Donor Day”. Pledge taking program was carried out in each classroom of college to spread awareness regarding blood donation. Students of all years and staff took part in this event with great enthusiasm. This whole event was co-ordinated by Dr. Dhruni Birari and team under guidance of Principal Dr. Jyoti Rao.



World Yoga Day

On the occasion of World Yoga Day celebration our college C. N. Kothari Homoeopathic Medical College & Research Center planned Yoga session for students and all faculty members which was arranged by activity committee in coordination with Naturopathy and Yoga department to Yoga for One Earth, One Health. In this event all students from 1st, 2nd, 3rd and 4th BHMS participate with all teaching and non teaching staff. This session was conducted by Dr. Jyoti Shukla (BNYS) Naturopath & Yoga expert. The whole program was done under the guidance of Principal Dr. Jyoti Rao in coordination with Activity Committee and Yoga and Naturopathy Department .



Doctor's Day Celebration

On 1st July 2025 C. N. Kothari Homoeopathic Medical College and Research Center celebrated Doctors' Day with great enthusiasm. The program commenced with deep pragatya and by offering flower to Maa Saraswati and Master Hahnemann. Principal Dr. Jyoti Rao orated welcome speech. Senior doctors of college also shared their experiences regarding medical field. The event aimed to honour the dedication, compassion, and selfless service of doctors who play a vital role in ensuring the health and well-being of society. Teaching staff and students from all years participated in this event. Hahnemannian oath taken by all doctors and students. All doctors from college and hospitals were felicitated with gift. This whole event was anchored by Dr. Divya Gamit. Vote of thanks given by Dr. Dixita Upadhyay. The program concluded with refreshments for all doctors and committee members. The whole program was conducted by Dr. Dhruni Birari and team under guidance of Principal Dr. Jyoti Rao.



Guru Purnima Celebration

C. N. Kothari Homeopathic Medical College & Research Centre, Vyara celebrated "GURU PURNIMA" on 10th July 2025. Students and Teaching Staff Celebrated Guru Purnima by offering floral tribute to Maa Saraswati and Guru Dr. Hahnemann. Speech was delivered by Vishal Kalsariya and Kalpesh Shah students of 4th year BHMS on "Importance of Guru". Speech was also delivered by Principal Dr. Jyoti Rao, Dr. Bhavin Modi and other teaching faculties. Which followed by drama by 4th BHMS students. The whole program was anchored by "Miss. Jeel Trivedi", student of 4th year BHMS. The students felicitated all faculties with Flowers and with Cake Cutting. Whole Programme was coordinated by 4th year BHMS Student and Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



"World Population Day"

On 11th July 2025, on occasion of "World Population Day", C. N. Kothari Homoeopathic medical college and Research Center along with Community Medicine Department Organized Poster making competition on the subject of "Population Explosion, its effects and Prevention". Students of the 4th BHMS took part in this competition with great enthusiasm. They prepared posters and presented the poster and the message during this competition. Total 10 posters were presented in this program from which 3 winners were declared as below

1. Miss Sneha Pandidar (1st)
2. Miss Jaiseel Makwana (2nd)
3. Kripal Zhalavadiya, Banshi Panchani, Khushi Patel (3rd)

Dr. Bhavin Modi, Dr. Dhruni Birari and Dr. Viral Gamit were the judges in this competition. This whole program was conducted by Community Medicine department under guidance of Principal Dr. Jyoti Rao.



World Indigenous day

On 8th August 2025, C. N. Kothari Homeopathic Medical College & Research Centre, Vyara celebrated World Indigenous Day. It is officially known as the International Day of the World's Indigenous Peoples, it is observed every year on 9th August to promote and protect the rights of the indigenous population around the globe. To celebrated the day native tree plantation was carried out in college campus surrounding college mess. Teaching and non teaching staff took part in this celebration.

This whole program was planned and carried out by SC-ST committee under guidance of Principal Dr. Jyoti Rao.



Various Events Celebration

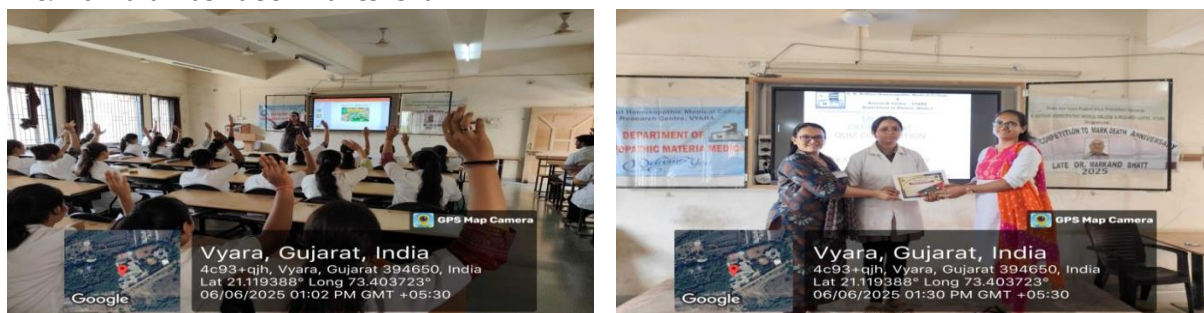
Quiz Competition mark on death Anniversary of Late. Dr. Markand Bhatt

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, Homoeopathic Materia Medica department has organized a Quiz Competition on the death Anniversary of Late. Dr. Markand Bhatt sir on 6/6/2025 Students of 2nd BHMS 2025-26 Batch is participated in this Competition. Winners were awarded with Certificates & Winning Prizes. Event was successfully handled by Homoeopathic Materia Medica Department under the guidance of Principal Dr. Jyoti Rao.

1st prize: Mishra Priya Ashokkumar

2nd prize: Kidecha Mansi Govindbhai

3rd prize: Dakhara Yashitiben mukeshbhai



“Nasha Mukht Bharat Abhiyan” pledge taking program

On 13/08/2025 C. N. Kothari Homoeopathic Medical College and Research Center arranged pledge taking program for “Nasha mukt Bharat Abhiyan”. The Nasha Mukht Bharat Abhiyan (NMBA), launched by the Ministry of Social Justice & Empowerment on August 15, 2020, aims to combat substance abuse via awareness, treatment, rehabilitation, and community engagement. As a part of program, Students and staff of college took part and took pledge.

This whole program was conducted by activity committee of college.



Janmashtami Celebration

On date 19/08/2025, C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara celebrated Janmashtami Utsav. Celebration was begun with Krishna Pooja & Aarti followed by Garba and then a group of Girls & Boys Participated in "Matkifod". They were heading towards matki with 'Jaygosh' with full excitement & enthusiasm.

The atmosphere was filled with spiritual feeling. 'Matkifod' was followed by Prasad distribution. Event was successfully conducted by Dr. Dhruni Birari & team of Activity Committee.



Ganesh Festival

The Ganesh Festival was celebrated with great devotion and enthusiasm in C. N. Kothari Homoeopathic Medical College and Research Center, Vyara from 26/08/25 to 31/08/25. On 26/08/25 we welcomed Ganesh idol with Dhol and Tasha. The celebration began with the installation of a beautifully decorated idol of Lord Ganesha in the premises.

The inauguration was marked by a traditional Ganesh Sthapana ritual, accompanied by Vedic chants and prayers. Students, staff, and community members participated wholeheartedly. Each day of the celebration included various cultural activities such as Art and Craft, Aarti thali decoration, Rangoli making and Menhndi program. Special emphasis was given to promoting environmental consciousness by installing an eco-friendly idol and avoiding plastic decoration. This initiative spread awareness about sustainable practices among students and the community.

The highlight of the festival was the daily morning and evening Aarti, performed with deep devotion, followed by prasad distribution. On 30/08/25 the grand Maha-Aarti was arranged with 101 diya and Rangoli. On the concluding day, a grand procession was carried out within the campus with music, dance, and chanting of "Ganpati Bappa Morya," maintaining a spirit of unity and festivity.

The celebration ended with the Visarjan ceremony, where prayers were offered for peace, prosperity, and the removal of obstacles from everyone's lives. The Ganesh Festival not only brought spiritual joy but also strengthened unity, cultural values, and environmental awareness among all participants.

This whole program was arranged by Activity committee Headed by Dr. Dhruni Birari and Ganesh Committee of Students.



Medical Camp

A special seasonal medical camp focusing on summer-related complaints was organized on 15th May 2025 (Wednesday) at Dhamodi village from 10:00 AM to 12:00 PM. The camp aimed to provide preventive, promotive and curative care to address common health issues during the summer season. During the camp, Patients were examined thoroughly and were given necessary homeopathic treatment, along with guidance on proper diet, hydration, and protection against summer heat. Dr. Divya Gamit and interns served in this camp.

The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Vaishali Chaudhari, Head of the camp committee, and her team.



Homeopathic Medical Camp

On the occasion of the death anniversary of Late Shri Viralbhai Purohit, a special homeopathic medical camp focusing on monsoon-related complaints was organized at Kalidas Hospital on 1st July 2025. The camp was held with the aim of providing preventive and curative care for common seasonal ailments such as viral fevers, skin infections, respiratory issues, and gastrointestinal disturbances. The camp served as a tribute to Late Shri. Viralbhai Purohit's dedication to community welfare and healthcare service.

The camp was inaugurated by the respected Principal, Dr. Jyoti Rao, along with the presence of faculty members from the Homeopathic Medical College and Kalidas Hospital. Patients were thoroughly examined and provided with appropriate homeopathic treatment and lifestyle guidance tailored to the monsoon season. Dr. Unnati Parmar and interns served in this camp. The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Vaishali Chaudhari, Head of the camp Committee and her team.



On occasion of the Death anniversary of Late Shree Anilbhai Maganlal Shah, Kalidas Hospital affiliated to C. N. Kothari Homeopathic Medical College and Research Centre, Vyara organized free Homoeopathic camp at Katasvan Grampanchayat on Friday 18th July 2025. The camp was served by Dr. Sona Shah. The whole program is done under the guidance of College Principal Dr. Jyoti Rao and organised by Dr. Dixita Upadhyay head of the camp committee and her team.



As part of the 25th Anniversary Celebration of C. N. Kothari Homoeopathic Medical College & Research Center, Vyara, a Free Homoeopathic Camp was organized today at Khushal Pura in association with Kalidas Hospital from 4:00 pm to 6:00 pm on 28/8/25

The camp was well attended by local residents, who received free consultation and medicines from the team of doctors and students. Patients were given individualized treatment based on Homoeopathic principles. The initiative created awareness about the benefits of Homoeopathy and provided much-needed medical aid to the community. The camp was a successful part of the silver jubilee celebration, reflecting the institute's dedication towards community health service and its mission to promote holistic healing through Homoeopathy.

Dr. Anjali Sindhi and interns served in this camp. The entire program was conducted under the guidance of College Principal Dr. Jyoti Rao and organized by Dr. Dixita Upadhyay, Head of the camp Committee and her team.



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