

Homeofragment

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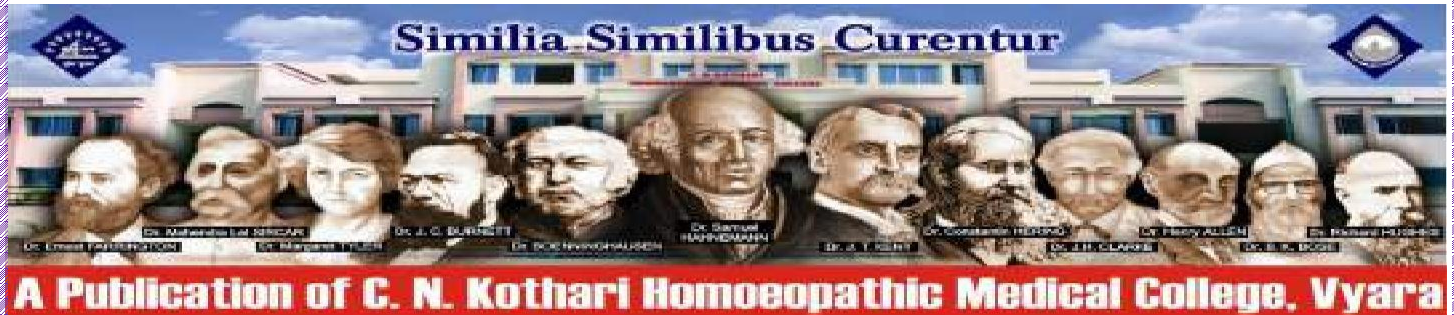
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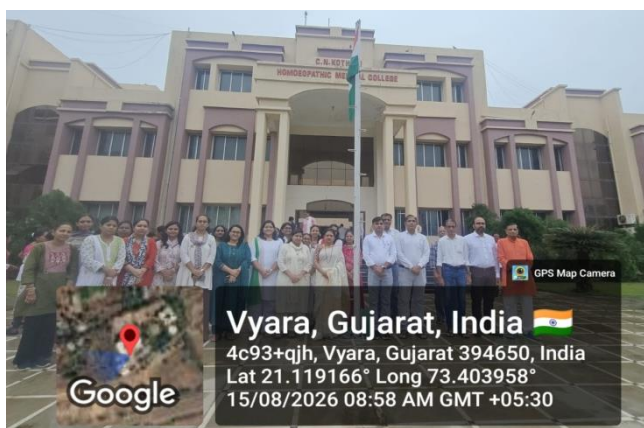
80th Independence Day

C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara & Kalidas Hospital celebrated the 80th Independence Day of India with Trustee Members, Teaching Staff, Non Teaching Staff, Hospital Staff and Student.

On the occasion of Independence Day, the National Flag was hoisted by Dr. Tanvi S. Shah Professor, Department of Homoeopathic Materia Medica. She delivered a speech on India's Progress, Education, Innovation and unity. Dr. Jyoti Rao, Principal of the college, gave a speech on Honesty and Unity of our country and paid tribute to the freedom fighters.

College student Miss. Komal Yadav of 2nd BHMS anchored the whole event and Ms. Dhruvi Rohit of 2nd BHMS escorted the chief guest for the flag hoisting ceremony. The programme concluded with distribution of sweets.

The program was successfully completed by the joint efforts of Dr. Dhruvi Birari & her team.





Dr. Tanvi Shah
M.D. (Hom.)
Professor
Dept of Homoeopathic Materia Medica

Monsoon & Homoeopathic Medicines Natural Care for Common Monsoon Complaints

Monsoon Complaint	Common Symptoms	Commonly Indicated Homoeopathic Medicines	Indication / Key Features	Common Potency
Common Cold	Sneezing; Runny nose; Nasal congestion; Watery discharge	Aconitum napellus; Allium cepa; Nux vomica	Aconite – Sudden onset after exposure to cold, dryness Allium cepa – Profuse watery discharge, better in open air Nux vomica – Stuffy nose, irritated, frequent sneezing	30C, 200C
Fever	Sudden fever; Chills; Headache; Body ache	Aconitum napellus; Belladonna; Gelsemium	Aconite – Sudden onset with fear, restlessness Belladonna – High fever, throbbing headache, redness Gelsemium – Dullness, weakness, heavy eyelids	30C, 200C
Influenza (Flu)	Fever; Body ache; Weakness; Chills	Gelsemium; Eupatorium perfoliatum; Bryonia alba	Gelsemium – Dull, aching all over, wants to lie still Eupatorium – Bone pain as if broken Bryonia – Dryness, thirst for large quantity	30C, 200C
Sore Throat / Tonsillitis	Pain in throat; Difficulty swallowing; Redness, swelling	Belladonna; Mercurius solubilis; Hepar sulphuris	Belladonna – Sudden, red, swollen, throbbing pain Merc sol – Swollen glands, foul breath, salivation Hepar sulph – Severe pain, sensitivity to cold	30C, 200C
Cough	Dry or productive cough; Chest irritation; Worse at night	Bryonia alba; Drosera; Spongia tosta	Bryonia – Dry cough, chest pain, worse on movement Drosera – Spasmodic cough, worse at night Spongia – Harsh, dry, barking cough	30C, 200C
Allergic Rhinitis	Sneezing; Watery eyes; Itching nose; Thin watery discharge	Allium cepa; Sabadilla; Arsenicum album	Allium cepa – Profuse watery discharge, better in open air Sabadilla – Violent sneezing fits, tickling in nose Arsenicum album – Burning in nose, watery discharge	30C, 200C

Sinusitis	Facial pain; Headache; Thick nasal discharge	Kali bichromicum; Pulsatilla; Belladonna	Kali bich – Thick, stringy discharge, pain over sinus Pulsatilla – Thick yellow discharge, changeable symptoms Belladonna – Congestion with throbbing pain	30C, 200C
Diarrhoea	Loose stools; Abdominal cramps; Weakness	Arsenicum album; Podophyllum; Veratrum album	Arsenicum – Watery stools, burning, restlessness Podophyllum – Gushing, offensive stools Veratrum alb – Profuse watery stools, vomiting	30C, 200C
Food Poisoning	Vomiting; Diarrhoea; Stomach cramps	Arsenicum album; Nux vomica	Arsenicum – Burning, thirst, restlessness Nux vomica – Nausea, ineffectual urging, irritable	30C, 200C
Vomiting	Nausea; Vomiting; Heaviness	Ipecacuanha; Nux Vomica	Ipecac – Nausea with vomiting, no relief after vomiting Nux Vomica – Nausea, gastric irritation, irritability	30C, 200C
Gastroenteritis	Vomiting; Diarrhoea; Abdominal pain	Arsenicum album; Podophyllum; Ipecacuanha	Arsenicum – Burning, restlessness, weakness Podophyllum – Gushing stools, colicky pain Ipecac – Nausea, vomiting, no relief	30C, 200C
Urinary Tract Infection (UTI)	Burning urination; Frequent urge; Pain in lower abdomen	Cantharis; Sarsaparilla; Apis mellifica	Cantharis – Burning, cutting pains, bloody urine Sarsaparilla – Burning with stitching pains Apis – Scanty urination, burning	30C, 200C
Fungal Skin Infection (Tinea)	Itching; Red circular patches; Scaling	Tellurium; Sepia; Sulphur	Tellurium – Ringworm, itching Sepia – Itching, discolored patches Sulphur – Itching, burning, scaling	30C, 200C
Viral Fever with Body Pain	Fever; Body ache; Headache	Eupatorium Perfoliatum; Rhus Toxicodendron; Gelsemium	Eupatorium – Bone pains, aches as if broken Rhus tox – Body ache, restlessness Gelsemium – Weakness, drowsiness	30C, 200C
Mosquito- borne Fever (Supportive Care)	High fever; Severe body ache; Weakness	Eupatorium Perfoliatum; Gelsemium; Rhus toxicodendron	Eupatorium – Severe bone pains Gelsemium – Dull, weak, heavy feeling Rhus tox – Restlessness, body pains	30C, 200C

Reference Books:

1. Allen H.C. (2005). Keynotes Rearranged and Classified with Leading Remedies of the Materia Medica and Bowel Nosodes, (Reprint edition), B. Jain Publishers, New Delhi.
2. Chaudhuri N. M. (2006). A Study on Materia Medica Enriched with real case studies, (Reprint revised edition). B. Jain Publishers, New Delhi.
3. Kent J.T. (2015). Lectures on Homoeopathic Materia Medica (Reprint edition,) B. Jain Publishers, New Delhi.

Clinical Verification: Why Every BHMS Student Should Contribute to Research...



Prajapati Shreeya
2nd BHMS (2026-2027)



Introduction:-

Research is the foundation of scientific progress. Every branch of medicine advances through systematic observation, documentation, and validation of clinical findings. Homoeopathy is no exception. While drug provings provide the initial symptom picture of medicines, clinical verification confirms whether these symptoms consistently appear in actual patients.

Clinical verification transforms theoretical knowledge into practical evidence. It bridges the gap between Materia Medica and daily clinical practice. Undergraduate BHMS students, who are exposed to patients during clinical postings and internships, possess a unique opportunity to contribute to this growing body of evidence.

What is Clinical Verification?

Clinical verification is the systematic confirmation of symptoms observed during drug provings by treating patients with homoeopathic medicines under actual clinical conditions.

The objectives are:-

- To confirm proving symptoms.
- To discover new clinical indications.
- To identify remedy relationships.
- To improve the reliability of Materia Medica.
- To strengthen scientific evidence in homoeopathy.

Why Clinical Verification is important:-

1. Strengthens Materia Medica
 - Many symptoms recorded during provings require repeated confirmation in clinical practice. Clinical verification refines and authenticates these symptoms.
2. Improves Prescription Accuracy
 - Verified symptoms become reliable guiding symptoms, enabling physicians to prescribe with greater confidence and precision.
3. Supports Evidence-Based Homoeopathy
 - Modern healthcare increasingly emphasizes evidence-based practice. Properly documented clinical Verification studies provide valuable observational evidence supporting homoeopathic treatment.
4. Expands Clinical Knowledge
 - Clinical verification frequently identifies:
 - New keynote symptoms
 - Lesser-known modalities
 - Characteristic generals
 - Remedy relationships
 - Disease-specific indications

Why Every BHMS Student Should Participate

-Early Development of Research Skills Research participation

Develops:

- Critical thinking
- Scientific writing
- Observation skills
- Data analysis
- Ethical clinical practice

Better Understanding of Materia Medica

Instead of memorizing symptoms, students learn to observe them in real patients, making learning more meaningful. Confidence in Clinical Practice. Students who document cases become better observers and more confident prescribers.

-Contribution to the Profession

Each documented case adds to the collective scientific literature of homoeopathy. Students who document cases become better observers and more confident prescribers.

Methods of Clinical Verification:-

A systematic clinical verification study generally includes:

- Patient Selection
- Proper case taking
- Informed consent
- Diagnosis
- Individualization
- Remedy Selection
- Prescription should be based upon:
 - Totality of symptoms
 - Repertorization
 - Materia Medica confirmation

Follow-Up: Observe:-

- Improvement
- Aggravation
- Appearance of new symptoms
- Disappearance of symptoms

Documentation:-

Maintain detailed records including:

- Patient demographics
- Presenting complaints
- Mental symptoms
- Physical generals

- Characteristic particulars
- Prescription
- Potency
- Follow-up findings

Role of BHMS Students in Research Students can contribute through:-

- Case reports
- Case series
- Clinical verification projects
- Drug proving assistance
- Literature review
- Repertory verification
- Hospital data collection
- Epidemiological surveys

-Even a single well-documented case report may contribute valuable knowledge to the profession.

Challenges Faced:-

Some common barriers include:

- Lack of research training
- Limited exposure to scientific writing
- Inadequate documentation
- Time constraints
- Lack of mentorship

These challenges can be overcome through research workshops, faculty guidance, and institutional encouragement.

How Students Can Start Simple steps include:-

- Maintain a clinical diary.
- Learn proper case recording.
- Attend research methodology workshops.
- Read published journals regularly.
- Participate in STSH projects.
- Present papers in conferences.
- Publish interesting case reports.
- Collaborate with faculty mentors.

Clinical Verification and Evidence-Based Homoeopathy:-

Evidence in homoeopathy develops through multiple levels:

- Drug proving
- Clinical verification
- Case reports
- Case series
- Observational studies
- Clinical trials
- Systematic reviews

-Clinical verification occupies a central position because it connects experimental drug proving with real-world patient outcomes.

Future Scope:-With the increasing use of electronic medical records, artificial intelligence, and digital case repositories, clinical verification has enormous potential for strengthening homoeopathic evidence. Undergraduate participation can significantly increase the availability of high-quality clinical data. Future initiatives should encourage:

- Student research clubs
- Digital case documentation
- Multicentre observational studies
- Integration of research methodology into BHMS education.

Conclusion:-

Clinical verification remains one of the most important methods for strengthening homoeopathic Materia Medica. Every BHMS student has the potential to contribute meaningfully by observing patients carefully, documenting clinical findings accurately and participating in research activities.

Research should not be viewed as the responsibility of scientists alone; it should become an integral part of undergraduate medical education. By contributing to clinical verification, BHMS students help preserve the scientific spirit of Homoeopathy while advancing evidence-based clinical practice.

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1. Bell IR, Koithan M. A model for Homeopathic research. Homeopathy. 2012; 101(1):3–12.
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Approach of Homeopathic Acute Case Taking

Definition:

Acute diseases are rapid, self-limiting (recovery or death) disturbances of the vital force

Case Taking in Acute case:

Case taking in acute homeopathy focuses on identifying the current, rapidly changing symptoms and, most importantly, the modalities and concomitants presenting complaint and immediate, characteristic symptoms to find a fast-acting remedy.



Baldaniya Mitul G.
2nd BHMS (2025-2026)

Chief Complaint: The immediate reason for the visit.

- Location, Sensation, Modalities, and Concomitants (LSMC)
- Mental/Emotional State: Even in acute cases, the mental state (e.g., irritability, fear, apathy) can be a Crucial, if not leading, symptom.
- Physical Generals: Any change in thirst, appetite, or temperature preferences.
- Detailed but rapid case taking
- Focus on the current, striking symptoms.
- Identify causative factors (e.g., exposure to cold, emotional shock).
- Prioritize modalities (e.g., pain < motion, > heat).
- Identifying characteristic symptoms
- Careful observation of the patient's response
- The aim is to stimulate the vital force and restore health quickly and gently.

Remedy Selection:

- Match the “similimum” to the total symptom picture.
- Often, the remedy is selected based on a few strong, characteristic symptoms. Some common acute

Situations and their possible remedies:

- Sudden fever after cold wind Remedy: Aconitum napellus
- High fever with red face and throbbing headache Remedy: Belladonna

Potency and Repetition Potency:

Potency refers to the strength of the homeopathic medicine, prepared through dilution and succession.

Common potency scales include:

- Low potency: 6C, 12C
- Medium potency: 30C
- High potency: 200C, 1M

In acute diseases, medium and high potencies are commonly used because symptoms appear suddenly and require quick action.

Higher potencies (200C) may be used for sudden, violent, or high-fever cases.

Selection of Potency in Acute Diseases

The choice of potency depends on several factors.

a. Intensity of Disease

Mild acute illness: 6C or 30C Moderate acute illness: 30C

Severe acute illness: 200C or higher

b. Sensitivity and Vitality of Patient

Strong vitality → higher potency may act well

Weak or sensitive patient's → lower potency preferred

c. Nature of the Remedy

Some remedies act better in certain potencies depending on the situation.

Repetition

In acute conditions, repetition is often more frequent than in chronic diseases because symptoms change quickly.

Typical repetition patterns:

- Very severe acute cases
Dose every 10–15 minutes until improvement begins
- Moderate acute cases Dose every 1–2 hours
- Mild acute cases
Dose 2–3 times per day

Once improvement begins, the medicine is stopped or repeated less frequently.

Rules for Repetition

Several important rules are followed. Rule 1: Do not repeat unnecessarily Rule 2: Repeat if improvement stops

Rule 3: Change remedy if symptoms change

A correct remedy usually produces:

- reduction of fever
- relief of pain
- improved energy
- better sleep
- calm mental state

These changes may occur quickly in acute diseases, sometimes within hours.

Examples of Potency and Repetition Examples often used in acute conditions:

Aconite 30C

Sudden fever after cold exposure

Repeated every 30 minutes in severe cases

Precautions

Some precautions are important in acute prescribing:

- Avoid giving multiple remedies together
- Observe patient response carefully
- Stop medicine when improvement starts
- Seek medical care if symptoms worsen or become dangerous Observation After Remedy
Once the remedy is given, the physician observes the patient for changes. Signs of improvement:
 - decrease in fever
 - relief of pain
 - improved sleep
 - return of energy

If improvement begins, the medicine is not repeated unnecessarily.

Common Acute Examples

Colds, burns, fever, gastrointestinal distress.

References:

1. A. K. Das, A Treatise on Organon of Medicine.
2. Dr. G. Nagendra babu, Comprehensive study of Organon, B. Jain Publishers

Seminar

"The Doctor's Mind: What Psychiatry Teaches Us About the Physician Who Heals?"

As part of the Doctors' Day Celebration, the Seminar committee and Co-curricular Committee of C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, in association with the Homoeopathic Medical Association of India (HMAI), Vyara Unit, organized a seminar on 1st July 2026 at Rama Harshad Hall. The programme commenced with the lighting of the ceremonial lamp (Deep Pragtya). The distinguished resource person, Dr. Zameer F. Refai, M.D. (Hom.), Ph.D., was welcomed with a bouquet on behalf of the college by Principal Dr. Jyoti Rao and Academic Head Dr. Bhavin Modi. He was further felicitated with a bouquet on behalf of the HMAI Vyara Unit by Joint Secretary Dr. Bhavna Patel. The Seminar Committee, represented by Dr. Vaishali Chaudhari and Dr. Swapnil Khengar, presented bouquet as a token of respect. Principal Dr. Jyoti Rao formally welcomed the gathering and introduced the resource person. Dr. Zameer F. Refai then delivered an insightful lecture on "The Doctor's Mind: What Psychiatry Teaches Us about the Physician Who Heals." Through real-life clinical examples and case discussions, he highlighted that doctors themselves often suffer from stress, burnout, anxiety, depression, and emotional fatigue, emphasizing that physicians must also prioritize their own physical and mental well-being. He encouraged faculty and students to practise self-care, maintain emotional resilience and seek timely support, as a healthy doctor is better equipped to provide compassionate and effective patient care.

At the conclusion of the seminar, Principal Dr. Jyoti Rao presented a memento and a Certificate of Appreciation to the speaker on behalf of the college. On behalf of the HMAI Vyara Unit, Secretary Dr. Tushar Dhimmar presented another memento to the speaker. The Co-curricular Committee, represented by Dr. Dhruni Birari, also presented a token of gratitude. The programme concluded with the Hahnemannian oath and the Vote of Thanks delivered by Dr. Vaishali Chaudhari, followed by the collection of seminar feedback coordinated by Dr. S. V. Dholiya. The event concluded with the National Anthem.



An In-House Faculty Development Program

An in-house Faculty Development Program was organized on 21st July, 2026 and conducted by Dr. J. J. Jain and Dr. Jyoti Rao for the teaching faculty. Dr. J. J. Jain spoke on innovative teaching-learning methods, domain-based education, and effective classroom teaching with practical examples. Dr. Jyoti Rao explained lesson planning and competency-based assessment methods, including formative and summative assessment, CBL, PBL, Mini-CEX, OSCE, OSPE, DOAP, and DOPS. The programme concluded with a Vote of Thanks by Dr. Amit Rai Shah, Head of the Seminar Committee. The event was anchored by Dr. Swapnil Khengar and certificates were presented to the speakers and participants. The programme was informative and beneficial for all faculty members.



Departmental Activity

“E-Poster Making Competition to mark Death Anniversary of Late Dr. Markand Bhatt Sir” by Materia Medica Department

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, Department of Homoeopathic Materia Medica organized an E-poster making Competition on the Death Anniversary of Late Dr. Markand Bhatt sir on 1/6/2026. Students from all the classes participated in the Competition. Winners were awarded Certificates and Prizes. The event was successfully organized by the Department of Homoeopathic Materia Medica under the guidance of Principal Dr. Jyoti Rao.

1st prize: Kaushal Ghevariya 4th BHMS

2nd prize: Hemisha Vasani 2nd BHMS



Quiz Competition by Surgery Department

A Quiz Competition was organized on 21st July, 2026 by the Department of Surgery as its 1st Departmental activity. A Total of 16 students of 3rd Year BHMS, divided into 4 groups of 4 students each, participated enthusiastically and eagerly. Dr. Swapnil Khengar conducted the quiz as a Quiz master. In this competition, students securing first and second position were awarded cash prize of Rs.600/- and Rs.400/- respectively, along with certificate of participation and the remaining students were awarded certificates of participation. The whole event successfully organized by Dr. S. S. Khengar under the valuable guidance of Principal Dr. Jyoti Rao.

Result: 1st Prize: Group 2- Disha Verma (C), Priya Mishra, Wasim Mansuri and Akshar Rathod
2nd Prize: Group 1- Preksha Shah (C), Heer Acharya, Harshda Patil and Krishna Panchal



“Terminologies Relevant to Repertory” by Department of Homoeopathic Repertory & Case Taking

The seminar on “Terminologies Relevant to Repertory” was successfully conducted on 14 August 2026 by the Department of Homoeopathic Repertory & Case Taking under the guidance of Dr. Anjali Sindhi.

The activity was informative and beneficial for the participating students. It successfully promoted peer learning, academic interaction and student development, while introducing the students of 1st BHMS to the fundamental terminology required for further study of Homoeopathic Repertory.

Prepared by: Department of Homoeopathic Repertory & Case Taking, C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara.



Various Days Celebration

World Environment Day

World Environment Day was celebrated on 5th June, 2026 at C. N. Kothari Homoeopathic Medical College & Research Centre with a tree Plantation programme to promote environmental awareness and sustainability. The plantation activity was conducted in the Pharmacy Department Herbarium Garden on the college campus.

A special feature of the Programme was the plantation of saplings by Mr. Vijaybhai Suthar and Mr. Sachinbhai Gamit from the Hospital Staff, who celebrated their birthdays on the same day. Their participation symbolized a meaningful and eco-friendly way of celebrating the occasion.

The Programme aimed to encourage environmental conservation, increase the green cover of the campus, and inspire students and staff to adopt sustainable practices for a cleaner and healthier environment. The event was conducted by the activity committee and pharmacy Department under the guidance of Principal Dr. Jyoti Rao. Faculty Members, Students, Hospital Staff actively participated in the event and contributed to its success.



International Yoga Day “Yoga for Healthy Ageing”

On the occasion of International Yoga Day, our college, C. N. Kothari College and Research Centre celebrated the 12th International Yoga Day.

In this celebration, we conducted various activities like an Awareness Programme on Yoga at Shishu Gujarati School for school students and staff and a General Yoga Awareness Programme was conducted for the General Public in our college.

We also posted various Posters of Asana and Pranayam with benefits and precautions on social media for public awareness.

We celebrated International yoga day on 21st June, 2026 in which all students of 1st, 2nd, 3rd and 4th year BHMS, doctors and staff participated. In this programme, YCB guidelines were followed with Sukshma kriya, Asana, Pranayam, and Meditation, followed by the National song. Staff and students of our college also took a pledge to practice Yoga on daily basis.

This whole session and activities were conducted by Dr. Jyoti Shukla (Naturopath and Yoga expert) and Dr. Piyush Pandya (Yoga Instructor).

This programme was arranged by the activity committee in coordination with the Naturopathy and Yoga Department under the guidance of Principal Dr. Jyoti R. Rao.



National Doctors' Day

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, in collaboration with the Homoeopathic Medical Association of India (HMAI), Vyara Unit, celebrated National Doctors' Day on 1st July, 2026 with a meaningful programme dedicated to honoring the medical profession.

The programme commenced with an inspiring address by Principal Dr. Jyoti Rao, who highlighted the significance of National Doctors' Day and emphasized the invaluable role of doctors in serving society with dedication, compassion and integrity. She encouraged students to uphold the noble values of the medical profession throughout their careers.



Guru Purnima

Guru Purnima was celebrated with great enthusiasm on 29 July, 2026 at C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara. The programme was attended by all teaching staff, the Activity Committee and students.

The event began with Deep Pragatya (lamp-lighting ceremony) and was anchored by Ms. Disha Verma, Ms. Feni Nakrani and Ms. Alpita Solanki (3rd BHMS). Dr. Jyoti Rao and Dr. Bhavin Modi, Academic Head, addressed the gathering and highlighted the importance of Guru Purnima. Students of 2nd and 3rd BHMS presented a cultural dance performance, followed by the felicitation of teachers by the students. Fun games for teachers and a cake-cutting ceremony added joy to the celebration.

The Programme concluded with a Vote of Thanks delivered by Ms. Disha Verma (3rd BHMS) and ended with the National Anthem.

The celebration was a meaningful occasion that strengthened the bond between teachers and students and expressed gratitude for the invaluable contribution of teachers.



World Indigenous People's Day

On 9 August, 2026, the ST Cell of C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara celebrated the International Day of the World's Indigenous Peoples with enthusiasm and respect for indigenous culture and traditions. The programme was organized under the guidance of Principal Dr. Jyoti Rao and the ST Cell committee members. The 2026 theme, "Honouring Indigenous Midwives: Safeguarding Life and Well-being," highlights the vital role of Indigenous midwives in protecting the health, culture and well-being of their communities. As part of the celebration, a tree plantation drive was conducted on the college campus with active participation from faculty members and students, promoting environmental awareness and respect for Indigenous values and traditions.



Various Events Celebration

Hahnemann Memorial Pledge Ceremony

The Hahnemann Memorial Pledge Ceremony was held on 2nd July, 2026 at 11:00 A.M. at C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara, in collaboration with the HMAI Vyara Unit, as per the directions of the National Commission for Homoeopathy (NCH). The programme was organized to pay tribute to Dr. Samuel Hahnemann on his death anniversary and to reaffirm the commitment to ethical medical practice, compassionate patient care and the noble ideals of the homoeopathic profession.

The teaching, non-teaching and hospital staff assembled at the College Open Auditorium and took the Hahnemann Memorial Pledge. Simultaneously, all students participated in the pledge ceremony in their respective classrooms along with their faculty members.

The event was organized by the Activity Committee with the support and encouragement of Principal Dr. Jyoti Rao.



Cyber Crime Awareness Session

A Cyber Crime Awareness Session was organized on 11 July, 2026 at C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara, in coordination with the Kakrapar Police Station Cyber Crime Cell, for students and faculty members.

The programme was gracefully anchored by Ms. Jeel Trivedi (4th BHMS student), who welcomed the gathering and introduced the purpose of the awareness session.

The programme commenced with Deep Prajwalan by Police Inspector Shri V. K. Patel, Dr. Bhavin Modi (Academic Head) and Dr. Dhruni Birari (Activity Head), followed by the welcome address by Dr. Bhavin Modi. The guests were felicitated with bouquets.

The awareness session was conducted by Police Inspector Shri V. K. Patel, Kakrapar Police Station, and PSI Shri Bhathvare, Cyber Crime Branch, Vyara Police Station. Members of the "She" Team were also present during the programme. The speakers created awareness about cyber crimes, online frauds, cyber safety, digital payment security, social media safety and the importance of reporting cyber crimes promptly. They also guided the participants on preventive measures for the safe and responsible use of digital platforms.

At the end of the awareness session, all students, faculty members and guests collectively took the Cyber Awareness Pledge, reaffirming their commitment to practising safe online behaviour, protecting personal information, reporting cyber crimes and promoting responsible use of digital technology. The programme concluded with a vote of thanks by Ms. Jeel Trivedi, followed by the National Anthem.

The entire programme was conducted by Dr. Dhruni Birari, Activity Committee Head, along with the Activity Committee, under the guidance of Principal Dr. Jyoti Rao.



Camp

Homeopathic Medical Camp at Navi Varshat, Vyara

A free Homeopathic Medical Camp was organized by Kalidas Hospital, managed by C.N. Kothari Homeopathic Medical College and Research Centre, Vyara. The camp was held on 07th May, 2026 (Thursday) from 9.30 A.M. to 12.00.P.M. at Navi Varshat, Vyara. The whole camp was served by Dr. Bhoomika Chaudhari. The entire camp was conducted under the guidance of Principal Dr. Jyoti Rao and organized by Dr. Dixita Upadhyay, Head of the Camp Committee, and her team.



Homeopathic Medical Camp at on the occasion of the birth anniversary of Late Dr. Markand Bhatt

A Free Homeopathic Medical Camp was successfully organized by Kalidas Hospital, Vyara, managed by C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara, on the occasion of the birth anniversary of Late Dr. Markand Bhatt.

The camp was held on 1st June, 2026 (Monday) from 10:00 A.M. to 12:00 Noon at Kalidas Hospital, Vyara. The camp was inaugurated by Mrs. Tarlika Bhatt in the presence of the Principal Dr. Jyoti Rao, faculty members and hospital staff. Free consultations and homoeopathic medicines were provided to all patients. Necessary guidance regarding further investigations, treatment and follow-up care was also offered. Patients requiring specialized care were advised to seek consultation from surgeons and gynecologists as appropriate.

As a gesture of care, Mrs. Tarlika Bhatt distributed biscuit packets to the patients attending the camp, which was warmly appreciated by the beneficiaries. The camp was served by various expert doctors. The entire camp was conducted under the guidance of Principal Dr. Jyoti Rao and organized by the Camp Committee.



Homoeopathic Medical Camp at Center of Excellence, Jalchar Ucher, Kamdhenu University, Ukai-Songadh

A Free Homoeopathic Medical Camp was organized by Kalidas Hospital, Vyara, managed by C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara with the objective of providing accessible Homoeopathic healthcare services to the community.

The camp was conducted on 10th June, 2026 (Wednesday) from 10:00 A.M. to 12:00 Noon at the Center of Excellence, Jalchar Ucher, Kamdhenu University, Ukai-Songadh. The camp was served by Dr. Vaishali Thakur. The entire camp was conducted under the guidance of Principal Dr. Jyoti Rao and organized by Dr. Dixita Upadhyay, Head of the Camp Committee, and her team.



Homeopathic Camp at various villages and community Locations in Tapi and Surat districts

A series of Free Homoeopathic Medical Camp was organized by Kalidas Hospital, Vyara, managed by C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, in all peripheral OPDs from 1st July, 2026 to 7th July, 2026 at various villages and community locations in Tapi and Surat districts.

The main objective of this camp was to create awareness regarding homoeopathy and to provide free homoeopathic medicines to people suffering from acute and chronic diseases. During the camps, patients with complaints such as joint pain, skin diseases, respiratory disorders, gastrointestinal problems, Diabetes, Hypertension, Anaemia, fever, allergies, gynecological disorders and other common illnesses were examined and treated.

The camps were successfully conducted by homeopathic experts at different locations including Songadh, Dhamodi, Bajipura, Mahuva, Madhi, Dhajamba, Ukhaldia and Kapura during the scheduled dates. A large number of beneficiaries attended the camps and availed themselves of free homoeopathic healthcare services. The camp activities were carried out under the guidance of Dr. Jyoti Rao (Principal) and the supervision of Dr. Dixita Upadhyay (Camp Committee In-charge). The dedicated efforts of the faculty members, interns and supporting staff contributed significantly to the successful organization of all the camps.

These outreach Programmers strengthened community awareness about homoeopathy and reflected the institution's continued commitment towards providing accessible and quality healthcare services to society.



Homoeopathic Monsoon Complaint Medical Camp at Bedkuvadur

A Free Homoeopathic Medical Camp was organized by Kalidas Hospital, Vyara, managed by C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, on 30th July, 2026 (Thursday) from 10:00 A.M. to 12:00 Noon at Juni Ashram Faliyu, Panchayat Office, Bedkuvadur. The Camp was served by Dr. Bhavna Patel.

The main objective of the camp was to create awareness regarding homoeopathy and to provide free homoeopathic medicines for common monsoon-related illnesses and other seasonal ailments.

The entire camp was successfully conducted under the guidance of Principal Dr. Jyoti Rao and organized by Dr. Dixita Upadhyay, Head of the Camp Committee, and her team.



Homoeopathic Medical Camp at the Centre of Excellence, Jalchar Ucher, Kamdhenu University, Ukai-Singalkhacha

A Free Homoeopathic Medical Treatment Camp was organized by the Camp Committee of C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, attached to its teaching hospital, Kalidas Hospital, Vyara.

The camp was conducted on 21st August, 2026 (Friday), from 10:00 A.M. to 12:00 Noon, at the Centre of Excellence, Kamdhenu University, Ukai-Singalkhacha. The medical services throughout the camp were provided by Dr. Bhavna Patel.

The primary objective of the camp was to create awareness regarding Homoeopathy and to provide free homoeopathic consultation and medicines to the local community. The camp received an encouraging and positive response from the community, with beneficiaries availing themselves of the healthcare services provided. The camp successfully fulfilled its objective of making accessible, affordable and free homoeopathic healthcare services available to the community and promoting awareness about the role of Homoeopathy in healthcare.

The camp was successfully conducted under the guidance of Principal Dr. Jyoti Rao and was organized by Dr. Dixita Upadhyay, Head of the Camp Committee, along with her dedicated team.



Field Visit

Field Visit by Community Medicine Department at Psychiatric Hospital and Mental Asylum

As a part of the 3rd Year BHMS curriculum under the Competency-Based Dynamic Curriculum (CBDC) guidelines of NCH, an educational visit to the Psychiatric Hospital and Mental Asylum was organized on 30th June, 2026 and 2nd July, 2026, by C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara.

The purpose of this field visit was to bridge the gap between theoretical knowledge of mental health and practical clinical realities. It aimed to provide students with a comprehensive understanding of public mental health infrastructure, psychiatric disorders and the role of holistic care including homoeopathic perspectives in mental healthcare management.

Objectives of the Visit

- To familiarize students with the administrative, clinical and rehabilitative infrastructure of a dedicated mental health facility.
- To observe clinical manifestations of various psychiatric disorders, including acute psychosis, schizophrenia, mood disorders and substance-induced conditions.
- To understand the multidisciplinary approach to mental health, including psychiatry, clinical Psychology, psychiatric nursing and occupational therapy.
- To study the implementation of the Mental Healthcare Act and institutional protocols regarding patient dignity, human rights and legal procedures.
- To evaluate the scope of Homoeopathy in managing or supporting mental health conditions.

This entire programme was organized by the Community Medicine Department of college.



Field Visit by Community Medicine Department-An Educational visit to the Old Age Home

As a part of the 3rd Year BHMS curriculum under the Competency-Based Dynamic Curriculum (CBDC) guidelines of NCH, an educational visit to the Old age home was organized on 11th July, 2026, by C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara.

The primary purpose of this field visit was to provide students with practical exposure to “Geriatric Health and Welfare” under the subject of Community Medicine. The visit allowed students to observe how an institutional facility manages the distinct socio-medical, physical and psychological needs of an aging population outside a traditional hospital setup.

Objectives of the Visit:

- To Study Institutional Geriatric Care: To observe the practical execution of round-the-clock medical monitoring, including 24-hour nursing care, medication management, mobility assistance and emergency response protocols.
- To Evaluate Preventive Environmental Safety: To examine how senior-friendly architectural design (Clean, well-lit, risk-reducing layouts) serves as a primary preventive measure to eliminate fall hazards and assist independent movement.
- To analyze Holistic and Psychosocial Support: To assess methods used to counter elderly isolation and loneliness through structured daily routines, active social interaction and compassionate companionship.
- To understand Personalized Healthcare Delivery: To observe an ethical care model where health management and dietary routines are tailored to individual health conditions and lifestyle preferences rather than a “one-size-fits-all” approach.
- To Sensitize Future Physicians: To build clinical empathy among students, preparing them to address Chronic age-related ailments and palliative needs from a holistic community health perspective.
- To evaluate the scope of homoeopathy in managing or supporting geriatric health Care.

Outcomes:

During the visit to the Chandranchi Foundation, a highly reliable, calm, and hygienic ecosystem was observed. Students gained direct insights into how professional, continuous care ensures senior safety and dignity. The experience successfully demonstrated the direct link between a secure physical environment, emotional support and improved health outcomes for elderly residents.

This entire programme was organized by the Department of Community Medicine Of C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara.



Field Visit by Community Medicine Department at Water Purification Plant

On 17/07/26, as part of the 3rd Year BHMS CBDC curriculum, the Community Medicine department of C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara, arranged an educational visit to the Water Purification Plant in Vyara. The primary objective was to provide students with practical insights into large-scale water treatment processes, ensuring the delivery of safe and potable water to the community to prevent water-borne diseases.

Objectives of the Visit

- To understand the technical stages involved in the purification of surface water.
- To study the physical, chemical and biological standards of drinking water.
- To observe the practical application of disinfection methods, specifically chlorination.
- To correlate theoretical knowledge of environmental health with real-world public health infrastructure.

This entire programme was arranged and conducted by the community medicine Department.



Field Visit by Community Medicine Department at Anganwadi Kendra

The Department of Community Medicine of C. N. Kothari Homoeopathic Medical college and Research Centre, Vyara, organized a field visit to the Tadkuva Anganwadi Kendra for students of 3rd BHMS CBDC to provide students with first hand insight into maternal and child health care, nutritional surveillance and early childhood interventions in rural and semi-urban communities. In alignment with the directives of the National Commission for Homoeopathy (NCH) for the Competency-Based Dynamic Curriculum (CBDC) on 18-7-26.

The Anganwadi system forms the backbone of the Integrated Child Development Services (ICDS) program in India.

Objectives of the Visit

The core educational competencies aimed at during this visit included:

- Understanding the infrastructure, staffing pattern and target beneficiaries of an Anganwadi Kendra.
- Observing the delivery of the 6 core services under the ICDS scheme.
- Learning about nutritional assessment tools (growth charts, MUAC tapes) used for screenin malnutrition.
- Understanding the role of the Anganwadi Worker (AWW) and Anganwadi Helper (AWH) in Community

mobilization and coordination with Accredited Social Health Activists (ASHA) and Auxiliary Nurse Midwives (ANM).

This entire programme was conducted by Community Medicine Department.



CONGRATULATIONS!

COLLEGE TOPPERS IN UNIVERSITY EXAM

1st BHMS CBDC (2024-2026)



Ariha Patel
1st Rank



Komal Yadav
2nd Rank



Nidhiben Patel
3rd Rank

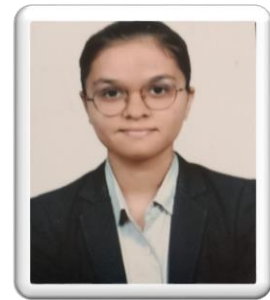
2nd BHMS CBDC (2025-2026)



Disha Verma
1st Rank



Mahek Gheewala
2nd Rank



Heer Acharya
3rd Rank

3rd BHMS NON-CBDC (2025-2026)



Shreyash Chaudhari
1st Rank



Meera Solanki
2nd Rank

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