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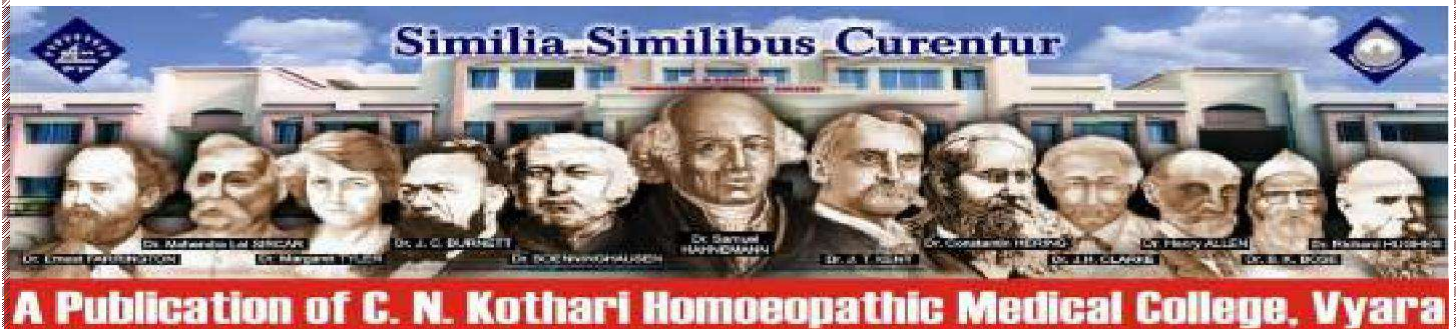
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HPMV and Homoeopathy

Human Meta pneumovirus (HMPV) is one of the viruses that causes the common cold (upper respiratory infection).

The virus belongs to the Pneumoviridae family of viruses, along with respiratory syncytial virus (RSV). It was first identified in 2001 and has been spreading among people for many decades. It is found around the world.

When does HMPV typically spread?

Only a few countries monitor and report trends for HMPV, so we do not yet have a full understanding of how it spreads in all regions and climates.

Studies show that in temperate regions, HMPV mainly spreads in late winter and spring, at the same time as other common respiratory viruses such as seasonal flu and RSV, However.

What are the signs and symptoms of HMPV infection?

Generally, people infected with HMPV will have cold or flu-like symptoms:

- cough
- fever
- sore throat
- runny or stuffy nose
- body ache
- Headache.

It can make a few people quite sick, causing infection of the lung (pneumonia) or inflammation of the airways to the lungs (bronchiolitis, bronchitis). Symptoms of more severe disease include wheezing, difficulty breathing, chest pain, dizziness, severe fatigue, dehydration, or a persistent fever that does not improve.



Dr. Asfaque Amla
(M.D. Hom.)
Professor
Homoeopathic Pharmacy

Who is at risk for HMPV infection?

Human Meta pneumovirus is a common cause of upper respiratory infections among infants and children under 5 years old. While anyone can catch HMPV, infants, older adults, and those with health conditions like immunosuppression, chronic obstructive pulmonary disease (COPD) and asthma are at higher risk for severe illness.

How is HMPV infection prevented? Is there a vaccine?

Preventing HMPV infection is similar to preventing other respiratory illnesses with actions such as:

- wearing a mask in crowded or poorly ventilated spaces
- improving ventilation where possible (such as by opening a window for air flow)
- cleaning hands regularly and thoroughly, with either soap and water or an alcohol-based hand rub
- Avoiding touching eyes, nose or mouth without cleaning hands first.

Having a strong immune system can also help fend off infections. Eating a balanced diet, exercising regularly, and sleeping properly help with that.

When someone is sick, they can avoid making others sick by

- staying at home if they feel ill
- covering nose and mouth with a tissue or bent elbow when coughing or sneezing
- wearing a mask when around other people
- improving ventilation, especially in shared spaces
- Regularly cleaning hands and disinfecting frequently touched surfaces.

There is currently no vaccine licensed for use against HMPV, but research is ongoing.

How is HMPV infection treated?

As HMPV is a cold virus, people can treat their symptoms with over-the-counter medicines to treat pain, fever, stuffy nose and cough. Getting plenty of rest and staying hydrated also helps.

Currently, there is no approved antiviral medicine for HMPV. Most people feel better in a few days.

In a small number of cases, when people need to be hospitalized, doctors may give them extra oxygen to help them recover.

Is there a test to diagnose HMPV infection?

1. PCR Test, a molecular test that detects the genetic material of the virus with high accuracy and is therefore regarded as the Gold Standard for diagnosing HMPV
2. Rapid Antigen Test, which provides quick results but are less accurate
3. Serological Test for identifying HMPV specific antibodies
4. In certain cases, Bronchoscopy is advisable to look for changes in the lungs

Homoeopathic Management

EPIDEMICS

- **CHANGE IN NATURE OF DISEASE:** During an epidemic many at times it is found that maturation of the infective organism has resulted in the change in nature of epidemic & this requiring exhaustive research to find a different medicine since homoeopathic medicines aim to boost the individual's own

immune system, genetic mutation will not affect the person. • UNIDENTIFIED CAUSE: In case of epidemic where the infective organism is not found or if found is not always the signs & symptoms characteristic of the disease to rely upon.

The symptom severity of HMPV can be effectively managed by homeopathic medicines like:

Arsenicum [Ars]

A MIXTURE BETWEEN DEPRESSION AND IRRITATION; oppressed, anxious, short respiration, with difficult secretion of mucus and dryness; burning and constriction in the larynx; cough, with arrest of breathing and expectoration of frothy mucus in lumps, or tasting salty in daytime, without expectoration at night; night cough, must sit up as soon as cough commences; deep, dry, unceasing cough, (<) after drinking or eating, during a walk in the cold air, when lying down.

Gelsemium Sempervirens –

Catarrhal affection growing out of the relaxed and debilitated condition of the system on the return of warm weather at the close of winter, SPRING FEVER; hoarseness, with dryness of the throat; burning in larynx, descending into the trachea; cough from tickling and dryness of fauces; sensation of soreness in chest when coughing. Catarrhal affections from motor disturbances, as spasmodic asthma.

Bryonia Alba –

Dry cough, crawling and tickling sensation in epigastrium or in throat, inducing cough, followed by mucous sputa; hacking cough, as if something (mucus) lodged in trachea, worse from talking or smoking; he presses with his hand upon sternum to support the chest during the violent exertion; sensation during cough as if the head and chest would fly to pieces; aggravated by touch, motion, talking, laughing, eating and drinking; cough at night in bed.

Eupatorium Perfoliatum –

Useful in persistent fever with severe bodyache, productive cough which aggravates during cold and damp weather and improves in dry warm weather.

BILIO-CATARRHAL FEVERS; loose cough during a pyrexia, also at night, after measles (Stict); rough scraping cough; chest sore, must support it with his hands; flushed face; tearful eyes.

Antimonium Tartaricum

The hallmark symptom of this remedy is cold skin covered with clammy sweat along with wheezing and rattling cough.

catarrhal inflammation, beginning in larynx and becoming intense in trachea and bronchi; cough day and night, returning at short intervals, no sputa; nightly cough, with expectoration of thick, yellow, tough mucus; (>) sitting upright, from expectoration; (<) after midnight, after eating, when getting angry, sleeping in damp cellars; getting warm in bed.

Bibliography

www.who.int

Homoeopathic therapeutic By Lilienthal

Acute case



Dr. Pankaj Lathiya
M.D.(Hom),
Professor,
Dept of Community
Medicine

CASE1	CASE2
<p><u>HISTORY :</u></p> <p>NAME: Mr. XYZ AGE: 30Years sex-Male</p> <p>Patient had complained of Acute Conjunctivitis before 4-5 days, but suddenly he had developed Sub Conjunctival Haemorrhage after severe lyrubbing of eyes. (Patient told me “Khub j itching thatu hatu to Khanjwalta Khanjwalta angutho aankh ma vagi gayo...”)</p> <p>H/O No any sharp injury, No pain, No fever.</p> <p><u>ONEXAMINATION:</u></p> <p>Left Eye–Congested, Redness Pupil reflex : Normal</p>	<p><u>HISTORY :</u></p> <p>Mr. XYZ 60years old Man Retired Living in Surat</p> <p>Coming with the complainant of pain and redness in the eye since 2 days while playing with 3 years old girl. Patient also having continuous watery discharge from affected eye, causes burning in the eye. Eye is very sensitive to touch which increased the pain. No any relief is there. Patient having no other complaint such as fever, vertigo, headache, nausea or vomiting. No any medicine taken yet.</p>
<p><u>TREATMENT:</u></p> <p>On26/07/23, Pt. was given Arnica 30 ×TDS×4 Days</p> <p>After 4 days, 50%better...so continue with SL for 3 days.</p> <p>On 02/08/23, SQ, there is no change in complaint...So I gave him Arnica 200 × BD ×2days...</p> <p>After 2 days ,there is no any complaint</p>	<p><u>TREATMENT:</u></p> <p>Pt. was given Arnica30×every 3 hour....But only 5% reliefs after taking 6 doses.</p> <p>After that, I gave him Symphytum 30×every 3 hour.... It gave him 50% relief after taking 4 doses.</p> <p>On 3rd day, Symphytum 30×6 hourly gave him 80% relief....Followed by Placebo before 2days... And complete relief to the patient.</p>



Difference between medicines

	ARNICA	SYMPHYTOM
A/F	Blunt Injury Blow	Blunt Injury
EYE	Redness Congestion	Redness Congestion
PAIN	NopainorMildpain <Touch	SeverepaininEyeball <Touch

Learn Better Be Better Perform Better

Vastness of the allied medical subjects like Physiology & Biochemistry; Anatomy, Histology & Embryology; Pathology and Parasitology; Forensic Medicine & Toxicology; Surgery; Community Medicine and Practice of Medicine makes it difficult to study, to understand, to grasp, to remember and to recall it during examinations. Especially beginners, students of First Year find study of these subjects (Anatomy Biochemistry) very difficult and those who are coming from Vernacular language medium it becomes much harder as language difficulty adds fuel to fire.



Dr. Tushar Dhimmer
M.D.(Hom),
Asstt Professor,
Dept of Physiology and
Biochemistry

Author also faced both the difficulties not only during student years but as educator also. Many educators have to refer textbooks prior to presentation. Here are some tried and tested suggestions which author found useful in making him better educator of "Physiology and Biochemistry". They can help in understanding, learning, remembering and last but not least recalling the data at the time of performance.

1) Learn Concepts and Memorize Fact:

Topics learnt with deep conceptual learning tend to retain longer and can be recalled easily. Never mug up or memorize the topics. Make it clear by asking question to educator if not understood properly.

Facts where there is no concept can be memorized by “frequent revision” and by “PNEMONICS”

i.e. Blood Coagulation Factors, List of Essential Amino Acids, XII Cranial Nerves

2) Love to learn in Mother Tongues (DFT'EFQFF ;J"EFQFFf

Students coming from vernacular language medium and find problem in First Year BHMS of learning in English. Topic if understood first in mother tongue and then in English will give better understanding than if tried directly in English. While studying in English, help of good dictionary and grammar books can be taken. Online help (AI) can also be taken. It can improve both knowledge in Physiology & Biochemistry and proficiency of English as a language.

3) Be content with whatever has been understood in first attempt

Some long and some difficult topics cannot be understood fully in first attempt. Be content with whatever is understood and learnt. Then restudy the same topic next day. Repeat till the topic is understood fully. Each next try gives better understandings of same topic.

4) Use textbooks

Textbooks have better explanation of concepts.

Readymade answer books should be refereed for the Performa of presentation and to have a quick look before presentation.

5) Long topics must be broken down into small parts and then they should be learnt in sequences.

Journey of thousand miles begins with single step.

To score a century we must hit one first.

Topics which look too long must be broken down into parts. Then they must be studied in sequence.

6) Try imagination to the level best

Topics learnt with imagination can be remembered for a very longer period of time and can be recalled very easily. Help of technology (audio and video) can be taken.

7) Revise

Revised topics tend to be remembered for a longer period of time. Each revision takes less time than the previous effort.

8) Take note while learning, after study is over at college, go to study place and learn again with the help of textbook.

9) Take breaks in between: - Learn till your maximum capacity then have break. No screen time during break. Short walk some stretching or a chat with good old friend or breathing exercise can be tried. In between breaks help to lessen the stress and reenergize oneself.

Disdaimer:

* Individual may have different experiences and opinions.

Webinar

Department of Homeopathic Pharmacy under C. N. Kothari Homeopathic Medical College Organised a Webinar on 4th September 2024. The topic was on Pharmacovigilance presented by Dr. Ashish Shivadikar, a Nodal officer Research officer at Mumbai and Dr. Priyanka Suryawanshi, Junior research fellow officer. The webinar was attended by Students of 1st BHMS 2023-2024 batch & teaching staff of the college. Students were benefited from webinar, it highlighted ADR, How & where to Report ADR, Misleading advertisement & So on. The Webinar was arranged jointly by Pharmacy department & Seminar Committee of the college under the guidance of Principal of College Dr. (Mrs.) Jyoti R. Rao.



Research Webinar

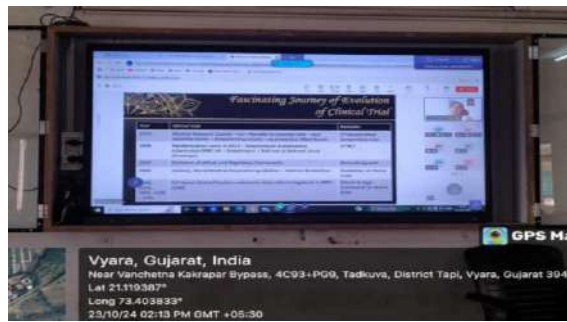
The research team of the college, including students & faculties, attended the 6th & 9th lecture of the webinar series "RISE": Research interactions for student enrichment, enhancement and encouragement: A webinar series organized by the Central Council for Research in Homoeopathy, New Delhi.

Topic: Designing a research Study, Part-2, Part-3

Date: 25-9-2024 & 23-10-24

Time: 2:00 pm to 4:00 pm

Speaker: Dr. Varanasi Roja



Nasha Mukht Bharat Abhiyan

Theme: “Viksit Bharat Ka Mantra, Bharat Ho Nashe Se Swatantra”

On Monday 12/08/2024, C. N. Kothari Homoeopathic Medical college and Research Center Organised pledge program in college, under “Nasha mukt Bharat Abhiyan” as per guidance given by Bal lagna pratibandhak adhikari and jilla Samaj suraksha adhikari. The pledge is taken in classrooms by students of 1st, 2nd, 3rd, 4th BHMS and staff of college.

The whole Programme was coordinated by Dr. Dhruni Gavli & team under the guidance of Principal Dr. (Mrs.) Jyoti Rao.



Teacher's day Celebration

C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara celebrated Teacher's day on 5th September 2024. Students of the fourth BHMS participated as a teacher with great enthusiasm and played their best role as a teacher. Students from 4th BHMS, Vanshita Pipaliya took responsibility of principal and Darshan Hatkar took responsibility of Academic Incharge, They managed the functions of the college with great zeal and enthusiasm. All the teachers of Teacher's day were judged by Teaching Faculties and following teachers were awarded with 1st & 2nd prizes.

- | | |
|-------------|---|
| First BHMS | 1st Prize – Jinal Niyoliya (Anatomy) |
| | 2nd Prize – Rutika Patel (Physiology) |
| Third BHMS | 1st Prize – Kevin Avichal (Homoeopathic Materia Medica) |
| | 2nd Prize – Imran Pathan (Organon of Medicine) |
| Fourth BHMS | 1st Prize – Jignyasha Ahire (Practice of Medicine) |
| | 2nd Prize – Nikhilesh Nabde (Homoeopathic Materia Medica) |

All teachers of Teacher's Day were awarded with certificates, flower and pen. On this occasion all the teaching faculties were felicitated with flowers and Gift. The whole program was coordinated by Dr. Dhruni Gavli and her team under the guidance of Principal Dr. Jyoti R. Rao. All dispersed after having delicious Lunch.



Ganesh Utsav

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara had organized "Ganesh Utsav - 2024" from 7/09/2024 to 11/09/2024. Students and staff members of Institute established an "Eco-friendly" idol of Lord Ganesha. Everyday Aarati of God Ganesha was done in morning and evening by all year students and faculty members. On 10/09/24 arrangement of "Maha Aarti" and "56 Bhog" offered to lord Ganesha on Last day 11/09/2024 of Ganesh Utsav there was arrangement of "Satyanarayan Katha". After that immersion was done in spiritual atmosphere with DJ & Dhol. This whole programme was conducted by Students of Ganesh Committee & Activity Committee under guidance of Principal Dr. Jyoti R. Rao.



Orientation Programme 1st B.H.M.S.

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara arranged Orientation Programme for 1st BHMS students on 14/11/2024. Trustees of “Aruna Anil Vyara Pradesh Vikas Pratisthan; Shree Nikhilbhai Shah (Secretary), Dr. Ajaybhai Desai (Trustee), Shree Sanjaybhai shah (Trustee), Shree Chiragbhai Kothari (Trustee) were present in the event. All new students with their parents attended the event. Event was inaugurated with Saraswati Vandana and deep pragatya. Principal Dr. Jyoti R. Rao delivered welcome speech. Shree Nikhilbhai shah secretary of “Aruna Anil Vyara Pradesh Vikas Prtisthan” delivered speech. Dr. Ajay Desai briefed overall activities of the trust. Dr. Bhavin Modi introduced college & academic curriculum. Mr. Daxeshbhai Shah briefed office administration and its functions. Dr. Swapnil Khengar gave information regarding Kalidas Hospital. Dr. Dhruni Gavli gave information regarding Co-curricular activities and sports. Dr. Vaishali Chaudhari gave information regarding different committees of college and their function. Dr. Viral S. Gamit offered vote of thanks.

The event was anchored by Dr. Dixita Upadhyay. College arranged Tea and Lunch for all students, their parents and staff members. The whole event was Co-ordinated by Dr. Dhruni Gavli & Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



Foundation Program

College successfully conducted Foundation Program from Date 16/11/24 to 27/11/24 for 1st BHMS Students 2024-2026 Batch. The Competency based dynamic Curriculum is designed by National Commission for Homeopathy, New Delhi. The Students were inducted to the BHMS course through Foundation program which was of 10 working days/ Sixty hours based on the content for Foundation Program. List of Topic Suggested by NCH in the Curriculum Covered in the Foundation Program Separately attached with this Report. The Topics of Foundation Program were conducted by HR of College, Experienced Professors of College. All the Resource persons tried to justify their topics. The entire Program remains fruitful according to Students.



International Men's Day Celebration

On 20/11/24 C. N. Kothari Homoeopathic Medical College and Research Center celebrated International Men's Day. Celebration inaugurated with Deep Pragatya. Welcome speech was delivered by Dr. Jyoti R. Rao, Dr. P. R. Patel, Dr. Bhavin Modi, Dr. Pankaj Lathiya and Dr. Piyush Pandya shared their life experiences. To mark the special occasion cake cutting ceremony was held, Male staff of college took part in the ceremony. As a token of appreciation for their contribution to society, male staffs are honoured with gifts. The programme concluded with sweets and snacks.

The whole event was Co-ordinated by Dr. Dhruni Gavli & Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



Poster Making Competition on occasion of Birth Anniversary of Lord Birsha Munda

On 23/11/2024 C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara ST Committee has organized a Poster Making Competition on the Birth Anniversary of Lord Birsha Munda to Celebrate National tribal Pride Day. As per circular received from Veer Narmad South Gujarat University, Surat ST students made different Poster based on Tribal Community. Dr. D. C. Gavli, Dr. V. M. Chaudhari, Dr. B. F. Chaudhari were Judges of the Competition. Winners were awarded with Certificates & Winning Prizes. All participants were also given certificate of participation. Even was successfully handled by ST committee under the guidance of Principal Dr. Jyoti R. Rao.

1st Winner – Krishna K. Patel – 3rd BHMS

Consolation Prize from Judges

1st – Snehal Gamit –3rd BHMS

2nd- Nikita Patel –4th BHMS

3rd – Ishika Chaudhari –3rd BHMS



Constitutional day Celebration

On 26-11-2024, C. N. Kothari Homoeopathic Medical College and Research Center Celebrated “Constitutional day”. Dr. Lata Ningoo delivered Lecture aimed at fostering awareness and appreciation for the fundamental principles enshrined in the Indian Constitution. The event was organised to honour architects of the Constitution and to reinforce the values of democracy, equality and justice. The whole event was Co-ordinated by Dr. Dhruni Gavli & Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



Day Celebration

From 16/12/24 to 19/12/24, C. N. Kothari Homoeopathic Medical College arranged day celebrations. Students from all years and staff participated with great enthusiasm. These events play a crucial role in fostering a vibrant campus culture, enriching the student experience, and promoting a sense of community. The days were scheduled as below.

16/12/24 Monday, Bollywood Day

17/12/24 Tuesday, western day

18/12/24 Wednesday, suit and saree day

19/12/24 Thursday, twin day/ Garba day

By effectively celebrating these days, the college can create a more vibrant and engaging learning environment that fosters student growth and development.

The whole event was Co-ordinated by Dr. Dhruni Gavli & Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



World Meditation Day

On the occasion of world meditation day celebration our college C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara planned meditation session for students and all faculty members which was arranged by activity committee in coordination with Naturopathy and Yoga department to promote meditation for peaceful and creative life. In this event all students from 1st 2nd 3rd and 4th BHMS participate with all teaching and non teaching staff. This session was conducted by Dr. Piyush Pandya (N. D) and Dr. Jyoti Shukla (BNYS) Yoga experts. The whole program was done under the guidance of Principal Dr. Jyoti R. Rao in coordination with activity committee and yoga and naturopathy department.



Thalassemia checkup

As part of our commitment to promoting health awareness and prevention, C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara collaborated with the Indian Red Cross Society, Tapi District Branch, to conduct a thalassemia check-up for our first-year BHMS students. Blood samples were collected from first-year BHMS students on 23rd December 2024. The blood samples were collected by staff of the Indian Red Cross Society Tapi district Branch. The whole program is done under the guidance of College Principal Dr. Jyoti R. Rao and organized by Dr. Vaishali Chaudhari, head of the camp committee and her team.



Celebration of Veer Bal Diwas

On 26th December 2024, C.N. Kothari Homoeopathic Medical College & RC Vyara celebrated "Veer Bal Diwas". The event was organized to commemorate the unparalleled courage and sacrifice of the Sahibzadas—Baba Zorawar Singh Ji and Baba Fateh Singh Ji, the youngest sons of Guru Gobind Singh Ji. This day serves as a tribute to their extraordinary valor and dedication to their faith, even in the face of death."

On this auspicious occasion, the trusty of Aruna Anil Vyara Pradesh Vikas Pratisthan and General Secretary of Tapi District BJP, Shree Rakeshbhai Shah, leader of the Sikh community; Shree Milkit Singh, in charge of Veer Bal Diwas; and President of Yuva BJP Vyara, Shree Akshay Panchal, co-incharge of Veer Bal Diwas, Shree Vishal Patel, president of BJP Vyara Nagar Palika, and Shree Pinkal Panchal remain present.

Shree Akshay Panchal delivered a welcome speech after lamp lighting and prayer to almighty God. All the dignitaries present were welcomed with the flowers by college. Shree Milkit Singh delivered a speech on the significance of the celebration of Veer Bal Diwas. The entire event was full of spirituality and patriotism. Dr. Bhavin Modi offered a vote of thanks.

The entire function was coordinated by Dr. Dhruni Gavli and the activity committee under the guidance of Principal Dr. Jyoti R. Rao



Fun Fair

On 31st Dec 2024 C. N. Kothari Homoeopathic medical College and Research Center arranged Fun Fair in college campus. 11 stalls were arranged by students with wide varieties of food and snacks. Students of all years, alumni and all staff of college enjoyed delicious food and took part with great enthusiasm. This whole event was carried out by Dr. Dhruni Gavli and activity Committee under guidance of Dr. Jyoti R. Rao.



The Alumni meet

On 31st Dec 2024 C.N. Kothari Homoeopathic medical college arranged The Grand Alumni meet. The Alumni Meet 2024 was a resounding success, bringing together former students from diverse backgrounds and eras for a day of reminiscing, networking, and celebrating the legacy of our alma mater.

The event commenced with a warm welcome of alumni by Tilak, Chocolate and pen. After which Alumni are allowed to visit Campus and all of the classrooms to re-live their memories. After which Refreshments are arranged by the college for alumni. Students of college also have arranged Fun-Fair, with wide varieties of food and snacks.

After which alumni group photo was clicked with Principal Dr. Jyoti R. Rao, Hon. Chief Ex. Director Dr. Ajay Desai and all of the teaching staff of college. Followed by Musical chairs game which was arranged in college open auditorium. Winners of the Game are awarded by gifts. Alumni enjoyed Garba with Principal Dr. Jyoti R. Rao and all staff of college.

The Alumni Meet 2024 proved to be a memorable occasion, fostering a strong sense of community and reaffirming the enduring bond between the college and its alumni. The event served as a valuable platform for alumni to reconnect, share their experiences, and contribute to the continued growth and success of C. N. Kothari Homoeopathic Medical College. This whole Program was successfully conducted under guidance of Principal Dr. Jyoti Rao.



Departmental Activity

Awareness Program by Gynaec & Obstetrics Department

C.N. Kothari Homoeopathic Medical College & Research centre, Vyara organized a awareness Program by Gynaec & Obstetrics department on menstrual hygiene at INDU ITI Vyara on 19/9/2024, Thursday. Students of 3rd year B.H.M.S took part in awareness by preparing poster presentations on menstrual hygiene awareness. Awareness Programm was Organised by Gynaec and obstetrics department in coordination with activity committee headed by Dr. D. C. Gavli and her team under the guidance of Principal of college Dr. Jyoti Rao mam.



Depiction of surgical disease by Surgery Department

Poster making competition of “Depiction of surgical disease” was arranged on 20th September 2024 by the department of Surgery as a of departmental activity. Total 15 students of 3rd Year BHMS were participated enthusiastically and eagerly. Dr. J. J. Jain and Dr. S. S. Khengar were play the role of the judge. In this competition first and the second placed students awarded with the prizes and certificate of participation and rest are awarded with the certificate of participation. The whole event successfully organized by Dr. S. S. Khengar under the successful guidance of the Principal Dr. Jyoti Rao Madam.

Result: 1st Prize: Charmi Mangukiya

2nd Prize: Nikita Mali



Awareness Program on Treatment of snake poison & MTP Act by F.M.T. Department

C.N. Kothari Homoeopathic Medical College & Research centre, Vyara organized awareness Program by Forensic Medicine & Toxicology department on Treatment of snake poison & MTP Act at khushalpura primary school Vyara on 20/9/2024, Friday. Students of 2nd & 3rd year B.H.M.S took part in awareness by preparing poster presentations on Treatment of Snake poison & MTP act awareness Guided by Dr. Bhoomika Chaudhari.

Awareness Program was organised by Forensic & Toxicology department in ordination with activity committee headed by Dr. D. C. Gavli and her team under the guidance of Principal of college Dr. Jyoti Rao mam.



Poster Presentation Competition on the Occasion of Dr. H.A. Roberts' Death Anniversary by Organon Department

On October 14th, 2024, the Organon Department of C.N. Kothari Homoeopathic Medical College and Research Centre, Vyara organized a Poster Presentation Competition to mark the death anniversary of Dr. H.A. Roberts as part of the department's activities. A total of 21 students from the 2nd year CBDC class participated in the event. Dr. M. K. Burad HOD of Organon Department served as the judge for the competition.

The competition concluded with the awarding of prizes to the students who secured first and second place, along with certificates of participation for all participants.

- **1st Prize:** Keshu K. Patel & Unnati J. Shah
- **2nd Prize:** Hitesh D. Rathod & Rahul A. Vadodariya

The event was successfully organized by the Organon department in coordination with the Activity Committee under the guidance of Principal Dr. Jyoti Rao madam.



Rubric hunting competition by Case Taking & Repertory Department

29/11/24 Today, Case Taking & Repertory department organized a Rubric hunting competition for the students of 4th BHMS. 30 Students participated enthusiastically in the competition. The winning team was awarded with gift and certificate and all the certificate of participation was also given to all the participants.

Following are the name of winners:

1. Chovadiya Jhanvi
2. Ahir Jinal
3. Bhaliya Vibhuti

The whole programme was organized by the Case Taking & Repertory department under the leadership of Principal Dr. Jyoti R. Rao.



Celebrating of World AIDS Day by Community Medicine Department

On December 2, 2024, the Department of Community Medicine at C.N. Kothari Homeopathic Medical College and Research Center organized an awareness program for Health Sanitary Inspector (HSI) students at IIT College, Indu, Vyara to mark World AIDS Day. Dr. Pankaj Lathiya delivered a lecture on the subject of "DOs and Don'ts to prevent AIDS." and Organised Poster making competition for students of 4th B.H.M.S

Department staff of community medicine Dr. P. N. Lathiya and Dr. V. S. Gamit judged the competition and 1st prize and certificates were awarded to Jinal niyoliya, Hinal lad, Shweta Shihora. Each and every student who took part in competition is awarded with Certificate of Participation.

Entire program was Co-Ordinated by community medicine department under guidance of Dr. Jyoti Rao, Principal.



Mono Acting Competition on occasion of Birth Anniversary of Late. Dr. Markand Bhatt by Materia Medica Department

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, Homoeopathic Materia Medica department & HMAI Vyara Unit has organised a Monoacting Competition on the Birth Anniversary of Late. Dr. Markand Bhatt. Students Act on Homoeopathic Drug Personality. Dr. P. R. Patel, Dr. J. N. Patel & Dr. D. C. Gavli were Judges of the Competition. Winners were awarded with Certificates & Winning Prizes. All participants were also given certificate of participation. and Ball Pen Event was successfully handled by Homoeopathic Materia Medica Department under the guidance of Principal Dr. Jyoti Rao.

1 st - Winner - Disha Verma	1st BHMS	Rs. 3001/-
2 nd - Winner - Krinsi Vadi	2nd BHMS	Rs. 2001/-
3 rd - Winner - Deepanshi Jain	2nd BHMS	Rs. 1001/-

2 Consolation Prizes from HMAI Vyara Unit

1 st Consolation Prizes - Mamta Rajpurohit	2nd BHMS	Rs. 251/-
2 nd Consolation Prizes - Kaushal Ghevariya	2nd BHMS	Rs. 251/-



Presentation competition of charts & models by Anatomy Department

On Date: 17-12-2024, Anatomy department of C. N. Kothari Homeopathic Medical College, Vyara, conducted an activity of presentation of charts & models. Students of the I BHMS 23-24-25 batch prepared the charts or models. Dr. Bhavin Modi, Dr. Swapnil Khengar, & Dr. J. J. Jain supervised & judged the presentation of the activity.

The whole event was conducted & managed by department staff Dr. Sona Shah & Dr. J. J. Jain under the guidance of Principal Dr. Mrs. Jyoti R. Rao.



Elocution Competition on “Role of Surgery in Homoeopathy” by Surgery Department

Elocution competition on “Role of Surgery in Homoeopathy” was arranged on 18th December 2024 by the department of Surgery as a departmental activity. Total 15 students of 3rd Year BHMS were participated enthusiastically and eagerly. Dr. Bhavna Patel and Dr. Pankaj Lathiya were played the role of the judge. In this competition first and the second placed students awarded with the prizes and certificate of participation and rest are awarded with the certificate of participation. The whole event successfully organized by Dr. S. S. Khengar under the successful guidance of the Principal Dr. Jyoti R. Rao Madam.

Result: 1st Prize: Pandidar Sneha

2nd Prize: Mali Nikita and Shah Kalpesh



Blood pressure check up by Physiology and Biochemistry Department

C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara Department of Physiology and Biochemistry organized an activity of blood pressure check up of non-teaching staff of both C. N. Kothari Homoeopathic Medical College and Research Centre and Kalidas Homoeopathic Hospital on 21st December 2024, Saturday. Blood pressure checking was arranged at the open auditorium of the institute between and 9 to 10.30 am and again started at 1pm.

Students of 1 BHMS 2023-24-25 checked blood pressure of staff. Their findings were cross checked by attending doctor. Their performance was evaluated by OSCE method. Subjects with abnormal blood pressure findings were advised to consult physician and also to take Homoeopathic Medicine.

Entire activity was performed under able guidance of Department HOD cum Principal Dr. Jyoti R. Rao Madame.



Anatomical sketching Competition by Anatomy Department

On 23-12-24 a Live Anatomical sketching Competition was conducted as a Department Activity in C. N. Kothari Homeopathic Medical College. 11 pair of students (1st BHMS 23-24-25 batch,) Participated in this Activity. They Selected different anatomy structure & depicted the same on their Partners body. This was the second of its kind in this College. The whole activity was monitored & Judged by Dr. J. J. Jain & Dr. Swapnil Khengar. The event was supported by Dr. Sona Shah as a department staff. It was conducted under the guidance of Principal Dr. Mrs. Jyoti R. Rao. Reward prize were given to the first three best Sketches.



A Diagnostic Check-up by Pathology Department

A diagnostic check-up for diabetes was organized by the Pathology Department on 27th December 2024, at Katasvan. This initiative aimed to provide free medical diagnostic services to the local community. The check-up was inaugurated by members of the Gram panchayat from Katasvan in the presence of staff members and 2nd BHMS CBDC students from C.N. Kothari Homeopathic Medical College & RC Vyara. The activity witnessed encouraging participation from local residents. A large number of individuals were screened for diabetes as part of the diagnostic services. Among them, some villagers were found to have positive results. All identified individuals were referred to Kalidas Hospital for further evaluation and treatment. It was a valuable learning experience for the students. The entire activity was coordinated by Head of Department Dr. Meena Kalra under the guidance of Principal Dr. Jyoti R. Rao.



Pediatric health checkup camp by the Practice of Medicine department

On 23rd November 2024, the Practice of Medicine department of C.N. Kothari Homeopathic College and Research Centre, Vyara organized a Pediatric health checkup camp at adopted village of college –Rampura, Primary school to mark Children day celebration 2024 as a part of Departmental activity. In this activity Health checkup of children was conducted by Dr. Unnati Parmar and Dr. Dhruni Gavli with the help of Internee and Students of 4th BHMS, afterwards, students played Musical chair and Hide, Seek & other games with the doctors and staff of college. The event was successfully organized by the Practice of medicine department in co-ordination with Camp Committee and Activity Committee under the guidance of Principal Dr. Jyoti Rao.



“Swachhata Hi Seva” Campaign

As a part of “Swachhata Hi Seva” Campaign, C. N. Kothari Homoeopathic medical college and Research Center conducted Mass Swachhata Pledge, Tree plantation program and Cleanliness drive in adopted village Indu on 23,24,26 Sept 2024, respectively. Students of all years and staff of the college participated in it with great enthusiasm. The Swachhata Pledge is conducted in every classroom of college. Hot-spot areas of Indu village are cleaned by students, after this event awareness regarding segregation of waste is carried out. Villagers are educated to segregate domestic waste in dry, wet, sanitary waste.

The whole program was coordinated by Dr. Dhruni Gavli and her team under the guidance of Principal Dr. Jyoti R. Rao.



Inauguration of “Nasha-Bandhi Saptah”

On the occasion of 155th birth anniversary of father of the nation “Mahatma Gandhi ji”, from 02/10/2024 to 08/10/2024 Gujarat Government organises “Nasha-Bandhi Saptah” Campaign. As a part of Campaign, inauguration of “Nasha-Bandhi Saptah” is organised at Hashad Chandulal Shah Auditorium at C. N. Kothari Homoeopathic Medical College and Research Centre campus.

Program chairman Mrs. Kalyaniben Dharmeshbhai Pandya (Rashtra Sevika Samiti, Tapi District Executive and Mahila samvay-Navsari Division Coordinator); Chief guest Mr. Dharmesh C. Pandya (Head of History Department, Arts and Commerce college, Vyara) and Mr. Nikhil bhai (Secretary of Aruna Anil Vyara Pradesh Vikas Pratisthan) were present in the programme. Drama on the subject “De-addiction” was performed by students of the college. After which Programme chairman, chief guest and other dignitaries delivered speech on “Nasha-Bandhi”. The certificate was distributed to the students and to the college by the Programme chairman and chief guest.

The Programme was concluded with pledge, patriotic melody of National Anthem and Refreshments. The whole campaign was coordinated by Dr. Dhruni Gavli and her team under the guidance of Principal Dr. Jyoti R. Rao



Camp

On Occasion of the Death anniversary of late Shree Jagdishbhai Chandulal Shah (Kachwala) Homeopathic camp

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara on occasion of the death anniversary of late Shree Jagdishbhai Chandulal Shah (Kachwala) Kalidas Hospital affiliated to C.N.Kothari Homeopathic medical College and Research centre, Vyara organized free Homoeopathic camp at Sarkuva Primary school on Friday 20th Sep 2024. College principal Dr. Jyoti R. Rao, Dr. Bhavin Modi, staff of school Mr. Chetanbhai opened the program by lighting the lamp. In this camp service provided by Dr. Bhoomika Chaudhari, Dr. Viral Gamit, Dr. Brijal Patel.



Food and Stationary kit distribution at Rampura Primary school on occasions of the Death anniversary of the trustee Shree Late Anilbhai Chandulal Shah

On occasions of the death anniversary of the trustee shree. Late Anilbhai Chandulal Shah C. N. Kothari Homeopathic Medical College and research centre, Vyara affiliate to Kalidas Hospital and HMAI Vyara unit organized Food and Stationary kit distribution at Rampura Primary school. School Principal Mrs. Pravinaben R. Chaudhari with staff offer garland and flower to pay tribute to late Shree. Anilbhai Chandulal Shah followed by distribution of chikki, biscuits and stationary kit to all the students of Rampura Primary school.

The whole program is done under the guidance of College Principal Dr. Jyoti R. Rao and organized by Mr. Daxeshbhai Shah, HMAI president Dr. Bhavin Modi and Dr. Vaishali Chaudhari, head of the camp committee and her team.



Blood donation camp on the occasion of the birth anniversary of the ex-secretary of the trust, late Dr. Markandbhai N. Bhatt

C.N. Kothari Homeopathic Medical College and Research Centre, Vyara, affiliated to Kalidas Hospital and Indian Red Cross Society, Vyara Unit, organized a blood donation camp at Maliba Raktadan Kendra at the college campus on the occasion of the birth anniversary of the ex-secretary of the trust, late Dr. Markandbhai N. Bhatt, where students and college faculty donate their blood. All donors were given a certificate and a wall clock. Dr. Gaurav Parmar served in a blood donation camp. The whole program is done under the guidance of College Principal Dr. Jyoti R. Rao and organized by Mr. Daxeshbhai and Dr. Vaishali Chaudhari, head of the camp committee, and her team.



Field visits

Dept. of Community Medicine of College arranged field visits for 4th BHMS Students as a part of curriculum designed by National Commission for Homoeopathy, New Delhi at

- (1) Water works, Vyara on 21/10/2024.
- (2) Sewage treatment plant on 21/10/2024.
- (3) Urban Primary Health Center, Vyara on 22/10/2024.
- (4) Dan Factory bajipura on 23/10/2024.
- (5) Sumul Dairy Surat on 24/10/2024.



Pharmacy Educational Visit to a Waghai Botanical Garden

To provide students learning experience in Botany for identification of Medicinal plants. We visited “Waghai Botanical Garden” Dang with Departmental staff Dr. Bhavna Patel, Dr. Tanvika Chaudhari & other two more faculties Dr. Tushar Dhimmer & Dr. Sona Shah with 97 students of 1st BHMS 2023-25 Batch.

Forest officer of Dang provided us with Guide who was a Botanist, he had having knowledge of the medicinal plants, which he taught to the students along with the plants species with respect to

- Identification of various plant species and their uses.
- Students gained practical knowledge of plant classification and identification
- Developed an understanding of the importance of conservation and sustainability
- Students expressed enthusiasm and engagement throughout the visit
- Faculty members praised the garden's educational resources and staff expertise

The educational visit to the botanical garden was a resounding success, providing students with a unique and enriching learning experience.



Achievement

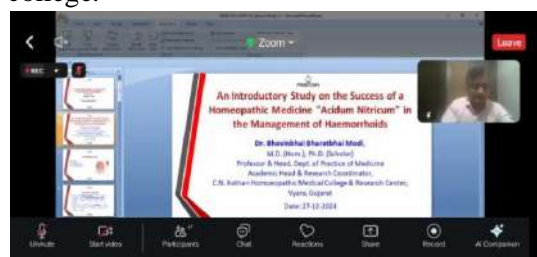
On National Sports Day, Miss. Jaiseelkumari Makwana, a college student from the 3rd BHMS, took part in a table tennis tournament held at Pro. V. B. Shah Institution Management College, Amroli, Surat, which was organized by Veer Narmad South Gujarat University, Surat. She participated in four quarterfinal matches before being chosen for the league, where she won three of them. She was one of the two pre-qualified players chosen following the quarterfinal results, along with five other players in the league match. She was ranked seventh when she lost a league match. Playing table tennis with nationally and internationally qualified players was an excellent experience for her overall. She expressed her gratitude to the principal, ma'am, and the college sports committee for this opportunity.



The Pride of College

Many congratulations to Dr. Bhavin Modi, (Professor & Head, Dept. of Practice of Medicine) and Dr. Pankaj Lathiya, (Professor, Dept. of Community Medicine) for representing the college at NOBCON 2024 organized by Noble University, Junagadh, Gujarat for successfully participating online & presenting his research work entitled “An Introductory Study on the Success of a Homeopathic Medicine "Acidum Nitricum" in the Management of Haemorrhoids” on December 28, 2024 and “To study the clinical cases of warts and to find out the efficacy of homoeopathic medicine in treating various types of warts with gentle and harmless way by dynamic science” on December 27, 2024 ,Respectively presenting Under recent trends in homoeopathy at the international conference on research and innovation in multidisciplinary domains (ICRIMD). Congratulations on being selected from 248 papers out of 424 submissions from 7 different countries worldwide.

Thanks for giving an international edge to the college.




Congratulations! **Dr. Ajay Desai Appointed As the Dean**

Greetings and congratulations on Dr. Ajaybhai Desai's appointment as the dean of the faculty of homoeopathy, VNSGU, Surat. A moment of pride for C. N. Kothari Homoeopathic Medical College & Research Center, Vyara. Dr. Jyoti Rao, the college principal, and the staff congratulated him and extended their best wishes.




Dr. Ajay Desai Appointed As the Chairman of Para-Clinical Board Faculty of Homoeopathy, Vnsgu, Surat

Congratulations
Dr. Ajay Desai
Appointed as the Chairman, Para-Clinical Board,
Faculty of Homoeopathy, VNSGU, Surat



C.N. Kothari Homoeopathic Medical College & R.C.
Vyara, Gujarat



Congratulations!
Dr. Jyoti Rao
Appointed as the Chairman, Pre-Clinical Board,
Faculty of Homoeopathy, VNSGU, Surat



C.N. Kothari Homoeopathic Medical College & R.C.
Vyara, Gujarat



The Pride of College

Many congratulations to Dr. Jyoti Rao Principal of the College, for her appointment as a subject expert on the Board of Studies for the Faculty of Homoeopathy at Vidyadeep University, Anita, Kim, Gujarat and is appointed in Ph.D. thesis panel at Dr. D. Y. Patil Homoeopathic Medical College & Research Centre, Pune, Maharashtra.



Dr. Ajay Desai Designated as a member of committee for Clinical Establishment Act for Tapi District, Appointed by Health & Family Welfare Department, Gandhinagar



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Published by & All Correspondence to

C. N. Kothari Homoeopathic Medical College & Research Centre

Vilasini K. Desai Arogya Sankul, Near vanchetna, Kakrapar by pass Tadkuva, Vyara 394650 Dist. Tapi

Ph. (02626) 224651 Mo. 7861849892

E-Mail:cnkotharicollege@gmail.com

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